Promoting health and wellbeing and preventing ill health

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Registered nurses with a community nursing specialist practice qualification are pivotal to health protection and the promotion of health and wellbeing. They play a central role in co-designing the provision of care that supportsand improves mental, physical and behavioural health and wellbeing with the people, families, communities and populations that they serve.

They engage effectively, working with people of all ages at home, close to home or in the community, and support them to make their own choicesand decisions that can improve their health and care. They promote health and reduce health inequalities, actively promoting participation in local and national public health programmes and interventions. Using their knowledge of community assets, community nurses with a specialist qualification build on their day-to-day interactions to support people to make positive changes to their mental and physical health and wellbeing.

Outcomes

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Registered nurses with this qualification in their intended field of practice, will be able to:

2.1apply specialist knowledge of epidemiology, demography and the social determinants of health and illness, taking action to influence policy, service design and delivery

2.2critically analyse the factors that may lead to inequalities in health outcomes, and their associated ethical dilemmas, to plan care in partnership with people, families and communities to improve them

2.3recognise health as a fundamental human right and evaluate the effects of social influences, health literacy, individual circumstances, behaviours and choices on people's current and future mental and physical health

2.4critically assess health needs in partnership with people, families, communities and populations, to support them to take decisions and actions that improve their own mental, physical, and behavioural health and wellbeing

2.5maximise opportunities for people, families, communities and populations to use their personal strengths and assets to make informed choices about their own health and wellbeing

2.6conduct, interpret and evaluate health and social care assessments, screening and profiling activity for people and communities, to take appropriate action to improve health outcomes

2.7apply specialist knowledge of social prescribing to support individual and community health outcomes

2.8critically analyse and assess the characteristics of communities, their assets and any areas for development in order to build networks and alliances that can enhance health outcomes for people and families

2.9promote and support people, communities and populations to connect effectively with local initiatives, support networks, programmes and third sector organisations that support their health and wellbeing

2.10utilise and evaluate the impact of networks to enhance and support the mental and physical needs of people, families and communities, and identify and address any deficiencies in support

2.11understand the role and application of genomics and epigenetics in sufficient detail to inform and advise people about the implications for personalised health care

2.12apply a range of advanced communication skills to develop public health information that is accessible and enables people to make informed decisions about their health and wellbeing

2.13share information regarding communicable diseases and approaches necessary for communicable disease

surveillance, infection prevention and control, including immunisation and vaccination programmes

2.14mitigate risks of environmental factors and other pollutants that have the potential to affect the health and wellbeing of people now and in the future.