


Helen Elizabeth Efstathiades
West Midlands South
30/09/2026
Registration status  Registered - no restrictions on practice An explanation of these terms can be found in the glossary of terms .

Register entry	Start date
Registered Specialist Comm Public Health Nurse - HV	12/09/1996
Registered Nurse - Adult	10/09/1994
Recorded qualifications	Start date
Community Practitioner Nurse Prescriber	18/07/2000

- You can view a full list of nurses, midwives or nursing associates whose registration status has changed [over the past three months](#).
- Employers can use our [confirmation service](#) to search for multiple registrants.
- "No Recorded Qualifications found" means a nurse, midwife or nursing associate has no [additional qualifications](#) added to their registration.