

Riffat Ara

Cumbria and Lancashire

31/08/2026

#### Registration status



**Registered - no restrictions on practice**

An explanation of these terms can be found in the [glossary of terms](#).

Register entry	Start date
Registered Nurse - Adult	15/08/2006
Recorded qualifications	Start date
No Recorded Qualifications found	

- You can view a full list of nurses, midwives or nursing associates whose registration status has changed [over the past three months](#).
- Employers can use our [confirmation service](#) to search for multiple registrants.
- "No Recorded Qualifications found" means a nurse, midwife or nursing associate has no [additional qualifications](#) added to their registration.