


Helen Arida
Norfolk, Suffolk and Cambridgeshire
31/12/2026
<p>Registration status</p> <p> Registered - no restrictions on practice An explanation of these terms can be found in the glossary of terms.</p>

Register entry	Start date
Registered Nurse - Adult	14/12/2004
Recorded qualifications	Start date
No Recorded Qualifications found	

- You can view a full list of nurses, midwives or nursing associates whose registration status has changed [over the past three months](#).
- Employers can use our [confirmation service](#) to search for multiple registrants.
- "No Recorded Qualifications found" means a nurse, midwife or nursing associate has no [additional qualifications](#) added to their registration.