27 May 2021

New Test of Competence: overview of support materials



### Housekeeping



- Everyone, except the presenters, are automatically muted
- The "raise your hand" feature will not be used today
- Use the "?" feature or speech bubble to submit any questions or comments at any time
- Audio-only participants can email questions and comments to <u>ToC@nmc-uk.org</u>
- We may not be able to address individual points but everything is being noted for consideration
- You can download the slides using the resource function
- The session will be recorded





10:00 am	Welcome, housekeeping and introduction to the team Jack Bland, Head of Testing Services, NMC
10:05 am	Overview of the new TOC design and what materials are available  Dave Mellor, Director, AlphaPlus
10:25 am	Examples of practice assessment content Romy Short, Assessment Lead, AlphaPlus
10:40 am	Train the Trainer Barry Ricketts, Deputy Provision Lead - Competence Test Centre, Oxford Brookes University
10:45 am	Q&A session Jack Bland, Head of Testing Services, NMC Sonja Froehling, Contract and Quality Manager, NMC Dave Mellor, Director, AlphaPlus Romy Short, Assessment Lead, AlphaPlus Penny Howard, Assistant Professor and Chief Examiner, University of Nottingham Barry Ricketts, Deputy Provision Lead - Competence Test Centre, Oxford Brookes University
11:00 am	Next steps and closing Jack Bland, Head of Testing Services, NMC

### NMC Test of Competence Support Materials

#### AlphaPlus Consultancy Ltd.

#### 27 May 2021





#### **Partnership**

We work in partnership with our clients. This is more than a cliché for us: we care about the services we provide and the impact they have on learners. Experience has shown us that the best impact our work can have is when it is undertaken alongside our clients so we make partnership a key feature of our project approach and management method.





#### Quality

We manage projects effectively and to the highest quality, freeing up experts to concentrate on their specialism, but ensuring that activities are manage to meet expectations. This means only making promises that we know we can keep, and remembering the promises we have made to make sure we deliver.





#### **Expertise**

We ensure our teams consist of genuine sector experts with understanding in breadth and depth of both the theory and the practical complex everyday challenges faced by education providers.





#### **Development**

We are committed to the improvement of our staff, both to promote the long-term development of our business and as an end in itself: we believe in the value of education for all.





#### **Educationalists**

We are educationalists with a strong commitment to improving teaching, learning and assessment, based on intellectual integrity, sound evidence and innovative approaches.



### NMC test of competence support materials

- Overview of design what's new
- How the test specification and blueprint work together
- What support materials are available
- Where to find the materials
- Examples of practice assessment content

### Overview of design – what's new



### Format of the new test of competence: Nursing

	Current		Future	
Test		Format	Marks	Timing
CBT	Single test of 120 questions lasting 3 hours	Part A: Numeracy Part B: Clinical	15 100	30 minutes 2 hours and 30 minutes
OSCE	<ul> <li>6 stations</li> <li>4 station 'APIE'</li> <li>Assessment</li> <li>Planning</li> <li>Implementation</li> <li>Evaluation</li> <li>2 skill stations</li> </ul>	<ul> <li>4 station 'APIE'</li> <li>Assessment</li> <li>Planning</li> <li>Implementation</li> <li>Evaluation</li> <li>6 skill stations</li> <li>2 pairs of 2 skills</li> <li>1 professional values</li> <li>1 evidence-based practice</li> </ul>	Variable by station according to task-specific criteria	Up to 2 hours and 45 minutes APIE stations:  • Assessment station: 20 minutes  • Planning station: 14 minutes  • Implementation station: 15 minutes  • Evaluation station: 8 minutes Skills stations, critical appraisal and professional values stations:  • Up to 20 minutes for each pairing

### ©†

### Format of the new test of competence: Midwifery

Component	Design	Marks	Timing
CBT	Part A: Numeracy	15	30 minutes
(Computer	Part B: Clinical	100	2 hours and 30 minutes
Based Test)			
OSCE	10 stations:	Variable by	Up to 2 hours and 45 minutes
(Objective	4 station 'APIE' consisting of:	station	APIE stations:
Structured	Assessment	according	<ul> <li>Assessment station: 20 minutes</li> </ul>
Clinical	Planning	to task-	<ul> <li>Planning station: 16 minutes</li> </ul>
Exam)	<ul> <li>Implementation</li> </ul>	specific	<ul> <li>Implementation station:15</li> </ul>
	<ul> <li>Evaluation</li> </ul>	criteria	minutes
	4 skills stations consisting of: 2 pairs		<ul> <li>Evaluation station: 16 minutes</li> </ul>
	of 2 skills		Skills stations:
	(1 linked skill will always include the		<ul> <li>16-30 minutes for each pairing</li> </ul>
	systematic examination of the		Professional values and evidence-
	newborn and the postnatal check)		based practice stations:
	Emergency skill		8 minutes each
	1 professional values		
	1 evidence-based practice		



### Test specification and blueprint

#### What is the specification?

The test specification is the key document which defines the purposes of the Test of Competence, how the Test is designed, what it will assess and how, and how results will be produced and presented.

#### What is the blueprint?

The blueprint shows how the standards of proficiency and associated skills and procedures for nurses, midwives and nursing associates may be tested in either the CBT, OSCE or both parts. Applicants can use the blueprint to prepare for each part of the test.

The ToC specifications and blueprints for all fields can be found here on the NMC website:

www.nmc.org.uk/registration/joining-the-register/toc/toc-review/resources/

### **Support Materials**



### What support materials are available

	NMC website	Delivery partners Website
СВТ	CBT Information booklet for nurses and midwives www.nmc.org.uk/registration/joining-the-register/toc/toc-review/resources/	Practice CBTs <a href="https://example.com/nmc/practicetests">home.pearsonvue.com/nmc/practicetests</a>
OSCE	OSCE Information booklet for nurses and midwives www.nmc.org.uk/registration/joining-the-register/toc/toc-review/resources/	<ul> <li>Preparing for your OSCE</li> <li>Mock OSCEs</li> <li>Marking criteria for live OSCE stations</li> <li>Reading lists</li> <li>Illustrated equipment list</li> <li>Oxford Brookes University         <ul> <li>University of Northampton</li> <li>Ulster University</li> </ul> </li> </ul>



### How to access support materials:







# Resources to help you prepare

Test of Competence 2021

#### Contents

- Overview
- Resources to help you prepare

#### Candidate information booklets

These booklets give an overview of the CBT and OSCE, what candidates should expect on the day and how they can prepare.

- Test of Competence 2021: CBT information booklet for nurses and midwives
- Test of Competence 2021: OSCE information booklet for nurses and midwives

#### Test specifications

Test specifications show how the test is designed, what it will assess and how, and how results will be produced and presented.

- Test of Competence 2021: Midwifery test specification
- Test of Competence 2021: Nursing test specification

#### Test blueprints

These blueprints show how the relevant standards of proficiency and associated skills and procedures may be tested in either the CBT, OSCE or both parts.

- Test of Competence 2021: Midwifery blueprint
- Test of Competence 2021: Adult nursing blueprint
- Test of Competence 2021: Children's nursing blueprint
- Test of Competence 2021: Learning disabilities blueprint
- Test of Competence 2021: Mental health blueprint



### How to access support materials:









# Resources to help you prepare

Test of Competence 2021

#### Contents

- Overview
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#### Other support materials

#### CBT

You can find CBT practice tests o Pearson VUE's website. They are accessible to all and do not need to be booked.

Taking these practice tests will help you check your understanding and readiness for the new CBT and learn more about the question format, style and level of difficulty.

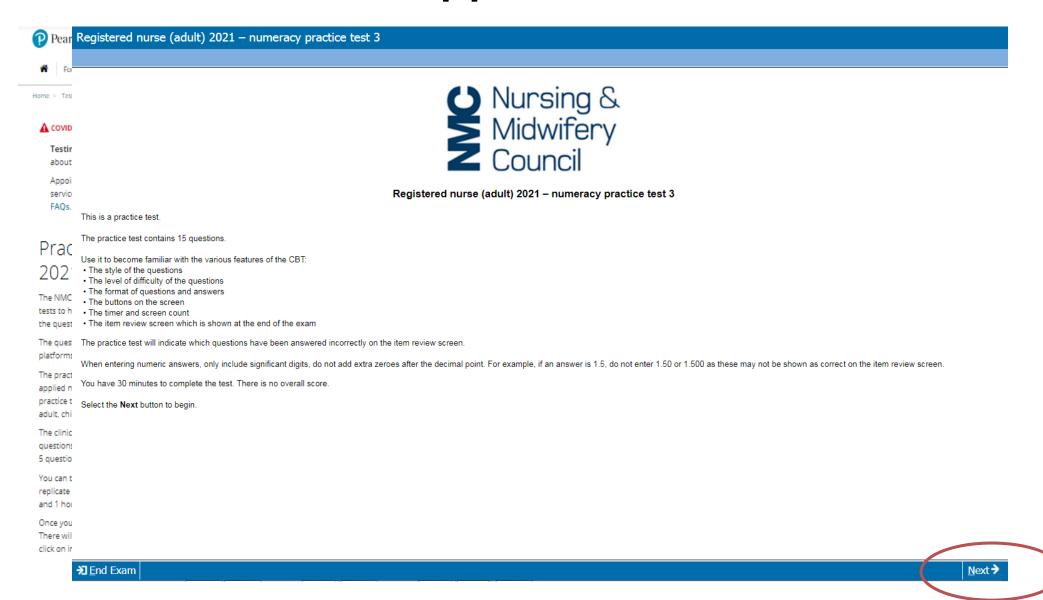
#### OSCE

You can find a pack of OSCE support materials, including OSCE marking criteria, mock exams and resource lists, on our approved OSCE test provider websites:

- <u>Oxford Brookes University</u>
- <u>Iniversity of Northampton</u>
- <u>Mister University</u>



### How to access support materials: CBT





### How to access support materials OSCE:



#### How to prepare for your OSCE

The following documents will support your preparation for the OSCE. We highly recommend you take the time to read these.

+ ToC downloads: top tips, mock OSCE and marking criteria

Home / NMC Test of Competence /

ToC 2021 downloads: reading list, marking criteria and mock OSCE

#### NMC TEST OF COMPETENCE

About

Booking and cost

Locations and contacts

#### Support

Trusts and Agencies

Frequently asked questions

Please note: the OSCE support materials reflect live materials in which actors are used in the relevant stations (for example in the Assessment station in the APIE). We currently expect that actors will be used when the TOC 21 goes live in August. If this situation changes, we will notify Trusts and registered candidates directly. We will also provide the information on this web page.

- Preparing for your OSCE (2021)
- Candidate Information Booklet (2021)
- Midwifery Reading List (2021)
- Midwifery Marking Criteria (2021)
- Midwifery Mock OSCE (2021)
- RN1 Adult Nursing Reading List (2021)
- RN1 Adult Nursing Marking Criteria (2021)
- RN1 Adult Nursing Mock OSCE (2021)
- RN3 Mental Health Nursing Reading List (2021)
- RN3 Mental Health Nursing Marking Criteria (2021)
- RN3 Mental Health Nursing Mock OSCE (2021)
- RN5 Learning Disability Nursing Reading List (2021)
- RN5 Learning Disability Nursing Marking Criteria (2021)
- RN5 Learning Disability Mock OSCE (2021)
- RN8 Children's Nursing Reading List (2021)
- RN8 Children's Nursing Marking Criteria (2021)
- RN8 Children's Nursing Mock OSCE (2021)

### Candidate information booklets



### **CBT** information booklet:

- Contains overview information about the ToC
- How to apply
- Specific information on sitting the CBT at Pearson Vue test centres
- What to expect on the day of the CBT
- Structure of the CBT
- Information about results, the passing standard, re-sits, exceptional circumstances and reasonable adjustments.





### **OSCE** information booklet:

- Contains overview information about nursing/midwifery practice in the UK
- Specific information on taking the OSCEs at test centres
- What to expect on the day of the OSCE
- Information about results, appeals, complaints, mitigating circumstances and reasonable adjustments
- Annexes containing sample forms for candidates.





Test of Competence 2021

OSCE information booklet



### Preparing for your OSCE booklet:

- Contains overview information about the ToC and nursing/midwifery practice in the UK
- Specific information on how to prepare for the OSCEs
- What to expect in the test centre
- Guide to the stations (APIE, clinical skills and written stations)
- Guidance about common mistakes
- Information about marking, moderation, results and feedback
- General tips and advice.



### Mock OSCEs and associated resources





### OSCE overview: stations for each field

#### **Nursing:**

Α	P	Е	Skill 1	Skill 2	Skill 3	Skill 4	Professional values	Evidence-based practice

#### Midwifery:

Α	Р	I	E	Skill 1	Skill 2	Skill 3	Skill 4	Professional	Evidence-
				clinical	clinical	Systematic	clinical skill	values	based practice
				emergency	emergency	exam of			
						newborn			



### **Mock OSCE documentation**

#### Mock OSCE



#### Adult nursing

In your objective structured clinical examination (OSCE), you will be assessed on 10 stations in total:

- Four of the stations are linked together around a scenario: this is called the APIE, with one station for each of <u>A</u>ssessment, <u>P</u>lanning, <u>I</u>mplementation and <u>E</u>valuation, delivered in that sequence and with no stations in between.
- Four stations will take the form of two sets of two linked stations, testing practical clinical skills. Each pairing of skills stations will last for approximately 16 minutes in total (including reading time), with no break between each paired skill.
- There are also two silent stations. In each OSCE, one station will specifically
  assess professional issues associated with professional accountability and
  related skills around communication (called the professional values and
  behaviours, or PV, station). One station will also specifically assess critical
  appraisal of research and evidence and associated decision-making (called the
  evidence-based practice station, or EBP).

We have developed this mock OSCE to provide an outline of the performance we expect and the criteria that the test of competence will assess. This mock OSCE contains an APIE, one pair of linked clinical skills, one PV and one EBP station.





### Marking criteria for live OSCEs

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Drug error marking criteria  Possible abuse marking criteria  Professional confrontation marking criteria  Social media marking criteria  Evidence-based practice stations  Diabetes marking criteria.	
Drug error marking criteria  Possible abuse marking criteria  Professional confrontation marking criteria  Social media marking criteria  Evidence-based practice stations  Diabetes marking criteria  Female myocardial infarction (MI) marking criteria	





### Reading list for OSCEs

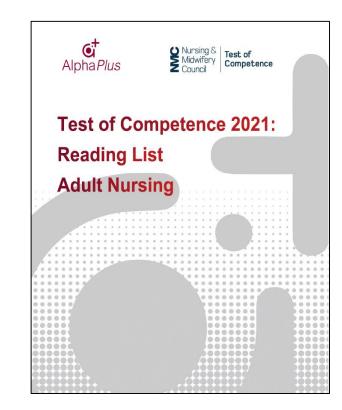
#### Contents

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#### Core Adult Nursing Reading List

The following titles are essential reading for anyone entering the NMC Test of Competence.

- Dougherty, L., Hofland, J. and Grafton, H. (2020). The Royal Marsden Manual of Clinical Nursing Procedures (Online Edition). 10<sup>th</sup> edition. Hoboken, NJ: Wiley Blackwell.
   (This is accessible through test centre learning platforms on receipt of payment for OSCE – please check edition details with your test centre.)
- Nursing and Midwifery Council. (2020). Standards of proficiency for registered nurses.
  - https://www.nmc.org.uk/standards/standards-for-nurses/standards-of-proficiency-for-registered-nurses/
- Nursing and Midwifery Council. (2018). The Code: Professional standards of practice and behaviour for nurses, midwives and nursing associates. https://www.nmc.org.uk/standards/code/





### **Equipment list for OSCEs**

#### Appendix 2.0 Range of Equipment Used

Below is a list of equipment likely to be used throughout the OSCEs. Care has been taken to ensure this list is accurate, however due to availability, sometimes different brands and variants are stocked. Please take some time to read about the equipment and their functions.

PPE & Hygiene	
Non Sterile Gloves, Latex Free (XS, S, M, L, XL)	Sonic 200
Hand Sanitizer	Cutan Tune Haml Sunities
Aprons	

### Examples of practice assessment content

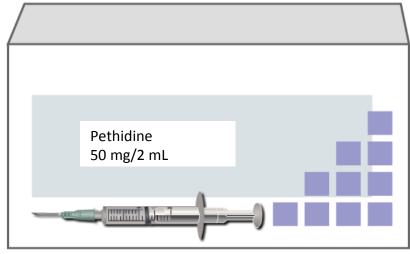


# Example Part A: midwifery numeracy question – injections

You have a prescription for 250 mg of pethidine.

What volume should be drawn up for the injection?

Answer = \_\_\_\_**10 mL**\_\_\_\_





### Example Part B: clinical question – generic

You are caring for a patient who has a stoma formation and they are ready for discharge. What advice do you give the patient?

Choose the correct answer.

- A Keep the area moist when changing the bag, advocating the use of oils to help the surrounding skin
- B Wait until the bag is full before changing it and clean with soapy water
- C Use perfumed soaps to aid odour control
- D Clean with water, trying to keep faecal fluid away from skin to minimise irritation
- Primary Platform Statement = 4.6
- Field = generic
- Bloom's level = Evaluate and create



### Implementing Care

#### **Scenario**

Ash Potter was admitted to the surgical assessment unit after presenting with an infected abdominal wound, mild pain and constipation following an uncomplicated laparoscopic hemicolectomy to remove a small primary colorectal cancer.

- Talk to the person.
- Please verbalise what you are doing and why to the examiner.
- Read out the chart and explain what you are checking/giving/not giving and why.
- Complete all the required drug administration checks.
- Complete the documentation and use the correct codes.
- The correct codes for non-administration are on the chart.
- Check and complete the last page of the chart.



### **New Drugs Chart**

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### New midwifery skills station: Examination of the Newborn

#### **Scenario**

You are working on a labour ward.

You have been asked to assist with the care of Helen who gave birth to her second baby 6 hours ago. Helen and her baby are fit and well postnatally and Helen would like an early postnatal discharge home.

You have been asked to perform the Newborn Infant Physical Examination prior to Helen's discharge home.

The midwife caring for Helen informs you of Helen's clinical history as follows. Helen opted to have full antenatal screening for fetal anomaly at 16 weeks, which were reported to be low risk. At 20 weeks Helen opted to have a fetal anomaly scan, where the nuchal fold was reported be to 6mm with no further anomalies noted. Helen declined further follow up.

Helen was admitted in spontaneous labour and was in labour for 7 hours. Helen had an uncomplicated vaginal delivery of a live male infant. No resuscitation was required at birth. An examination of the infant at birth was performed and no abnormalities were detected.

Please carry out the required actions to undertake a systematic examination of the baby.



### Professional values example

#### **Scenario**

You are just about to commence the lunchtime drug round, you enter the clinical room and one of your nursing colleagues is in the room already.

You witness the nurse take a 30 milligram Codeine Phosphate tablet from the drug cupboard. She puts it into her mouth and swallows it in front of you.

You ask if she is okay and she tells you she needs the tablet for a headache.

As far as you are aware this is an isolated incident.

- Using your knowledge of NMC (2018) The Code: "Professional standards of practice and behaviour for nurses, midwives and nursing associates", consider the professional, ethical and legal implications of this situation.
- Please summarise the actions you would take in a number of bullet points.
- This is a silent written station. Please write clearly and legibly.



### Professional values mark scheme

#### Professional values and behaviours marking criteria – Drug misuse

Recognises that taking NHS/hospital property for personal use or gain including medication is prohibited

Recognises professional duty to report any concerns that may result in compromising the safety of patients in their care or the public and failure to report concerns may bring their own fitness to practise into question and places own registration at risk

Raises concern with manager at the earliest opportunity verbally or in writing. Recognises the need to be clear, honest and objective about the reasons for concern, reflecting duty of candour

Recognises that the manager may wish an incident report to be completed: recording the events, steps taken to deal with the matter including the date, who the concern was raised with

Takes into consideration own responsibility for the safety of the colleague: considers the effects of codeine on their ability to work and drive home

Considers that the colleague may need a medical review for their headache or may need support in dealing with a substance misuse problem

Acknowledges the need to keep to and uphold the standards and values set out in the code: prioritise people, practise effectively, preserve safety and promote professionalism and trust

Handwriting is clear and legible



### Midwifery evidence-based practice example

- Read the scenario and the summary of the research below.
- Please identify the main points from the summary and answer the question below.

#### **Scenario**

You are working in the community and have an appointment with Hana who is 36 weeks pregnant with her 2<sup>nd</sup> baby. She had a ventouse delivery last time and has been reading about how to prevent perineal trauma during birth. She wants to talk to you about whether the midwife or obstetrician can manually protect her perineum at the end of the 2<sup>nd</sup> stage of labour to prevent trauma.



#### **Article Summary**

An interventional cohort study published in 2010 was used as evidence to support the Royal College of Obstetricians and Gynaecologists' (RCOG) OASI care bundle that is supported in UK practice by the Royal College of Midwives. The study involved the application of an intervention in 40,152 vaginal deliveries in Norway between 2003 and 2009. The intervention was manual support of the perineum at the end of the 2<sup>nd</sup> stage of labour.

The study found that the incidence of anal sphincter injury reduced from 4-5% to 1-2% during the study.

The study also found that:

- the incidence of perineal trauma reduced in both instrumental deliveries and spontaneous vaginal deliveries
- reduction in 4<sup>th</sup> degree tears was the most significant finding of the study
- intervention had no harmful effects on the newborn

there were variables regarding episiotomy rates, mode of delivery and parity in different participating hospitals during the study.



### Evidence-based practice mark scheme

#### Evidence-based practice marking criteria – Obstetric anal sphincter injury (OASI)

Summarises the main findings from the article summary and draws conclusion, making recommendations for practice.

Recognises and makes reference to the importance of woman-centred care and maternal choice, regardless of national recommendations or available evidence.

Recognises the fact that Hana has had a previous ventouse birth and may feel anxious about this.

Informs Hana that the results of the study showed a reduction in anal sphincter injury in both instrumental and spontaneous vaginal births.

Recognises the fact that there were variables across the participating hospitals that could have impacted on the results of the study.

Acknowledges the date of publication and is aware that newer evidence may have been published since 2010.



#### TRAIN THE TRAINER WORKSHOP

- Oxford Brookes University
- University of Northampton
- Ulster University



#### PROGRAMME



- Blended learning approach
- Cost £150
- Three-to-four-hour preparatory work for completion
- OBU -Three-to-four-hour synchronous webinar face to face virtual using Microsoft Teams
- UON -Three hour online via Cisco WebEx
- UU Seven hour online via Microsoft Teams



## AIM OF THE TRAIN THE TRAINER WORKSHOPS

- Support a candidate to develop resilience during the journey of the Test of Competence from beginning to end
- Explore educational theory and the pedagogical principles of simulation-based education and debriefing
- Design an OSCE teaching session
- Explore evidence-based practice in the support of professional practice

### DATES



Month	Oxford Brookes University	University of Northampton	Ulster University
June 2021	7 <sup>th</sup> / 11 <sup>th</sup> / 25 <sup>th</sup>	17 <sup>th</sup>	7 <sup>th</sup> / 8 <sup>th</sup> / 9 <sup>th</sup> / 10 <sup>th</sup> / 11 <sup>th</sup>
July 2021	28 <sup>th</sup>	15 <sup>th</sup>	28 <sup>th</sup>
August 2021	11 <sup>th</sup>	29 <sup>th</sup>	27 <sup>th</sup>
September 2021	<b>22</b> <sup>nd</sup>	2 <sup>nd</sup>	28 <sup>th</sup>

### Q&A session



