

# Test of Competence: Reading List

Children's Nursing

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## Core Children's Nursing Reading List

The following titles are essential reading for anyone entering the NMC Test of Competence:

- Dougherty, L., Hofland, J. and Grafton, H. (2020). *The Royal Marsden Manual of Clinical Nursing Procedures (Online Edition)*. 10<sup>th</sup> edition. Hoboken, NJ: Wiley Blackwell.
- Nursing and Midwifery Council. (2020). *Standards of proficiency for registered nurses*.  
<https://www.nmc.org.uk/standards/standards-for-nurses/standards-of-proficiency-for-registered-nurses/>
- Nursing and Midwifery Council. (2018). *The Code: Professional standards of practice and behaviour for nurses, midwives and nursing associates*.  
<https://www.nmc.org.uk/standards/code/>
- Nursing and Midwifery Council. (2020). *Test Specification for the Test of Competence*.  
<https://www.nmc.org.uk/globalassets/sitedocuments/registration/toc-21/toc-21-test-specification---nursing.pdf>
- Nursing and Midwifery Council. (2020). *The Test of Competence 2021: Adult nursing blueprint*.  
<https://www.nmc.org.uk/globalassets/sitedocuments/registration/toc-21/toc-21-blueprint---adult-nursing.pdf>
- Resuscitation Council UK. (2020). *UK Statements and resources on COVID-19 (Coronavirus), CPR and Resuscitation*.  
<https://www.resus.org.uk/covid-19-resources>
- Resuscitation Council UK. (2021). *2021 Resuscitation Guidelines*.  
[2021 Resuscitation Guidelines | Resuscitation Council UK](https://www.resus.org.uk/2021-resuscitation-guidelines)

**The following websites are essential reading for anyone entering the NMC Test of Competence:**

- [www.dh.gov.uk](http://www.dh.gov.uk)
- <https://www.england.nhs.uk/>
- <https://www.nhsemployers.org/your-workforce/recruit/employer-led-recruitment/international-recruitment/uk-code-of-practice-for-international-recruitment/recruitment-agency-list/northern-ireland>
- <https://www.gov.uk/government/organisations/public-health-england>
- <https://www.nmc.org.uk/>
- <https://www.nice.org.uk/>
- <https://www.rcn.org.uk/covid-19>
- <https://www.rcn.org.uk/membership/Existing-members/International-nursing-members>
- <https://www.bmj.com/specialties/paediatrics>
- <https://www.paediatricsandchildhealthjournal.co.uk/>
- [https://www.who.int/maternal\\_child\\_adolescent/child/en/](https://www.who.int/maternal_child_adolescent/child/en/)

## Essential Reading for Children's Nursing OSCEs

The following resources are the evidential base used for the assessment of the Test of Competence skills stations and should be referred to when preparing for your OSCE.

### Professional Values

Free to access:

- Nursing and Midwifery Council. (2018). *The Code: Professional standards of practice and behaviour for nurses, midwives and nursing associates*.  
<https://www.nmc.org.uk/standards/code/>
- Royal College of Nursing. (2010). *Principles of nursing practice*.  
<https://www.rcn.org.uk/professional-development/principles-of-nursing-practice>

Available for purchase:

- Peate, I., Wilde, K. (2018). *Nursing Practice: Knowledge and Care*. 2<sup>nd</sup> edition. Oxford: Wiley-Blackwell. Unit 1 Part 2 – The Professional Nurse and Contemporary Healthcare.
- Baillie, L., Black, S. (2014). *Professional Values in Nursing*. 1<sup>st</sup> edition. Abingdon: Routledge Publishing.

### Children's Nursing Skills

#### Basic Life Support and A-E Assessment

Free to access:

- Resuscitation Council UK. (2021). *2021 Resuscitation Guidelines*.  
[2021 Resuscitation Guidelines | Resuscitation Council UK](https://www.resus.org.uk/2021-resuscitation-guidelines)

#### Blood glucose

Online journal access required:

- Dunning, T. (2016). *How to monitor blood glucose*. Nursing standard (online) 30(22), 36-39.

#### Inhaled medication station & peak flow measurement

- Dougherty, L., Hofland, J. and Grafton, H. (2020). *The Royal Marsden Manual of Clinical Nursing Procedures (Online Edition)*. 10<sup>th</sup> edition. Hoboken, NJ: Wiley Blackwell. Refer to Chapters 14.5, 15.6.

Free to access:

- Asthma UK. (2016). *Inhalers and spacers*. Retrieved January 2021.  
<https://www.asthma.org.uk/advice/inhalers-medicines-treatments/inhalers-and-spacers/>
- *How to use an inhaler*. Retrieved January 2021.  
<https://www.asthma.org.uk/advice/inhaler-videos/>
- *How to use a spacer*. Retrieved January 2021.  
<https://www.asthma.org.uk/advice/inhalers-medicines-treatments/inhalers-and-spacers/spacers/#howtouseaspace>
- *Manage your asthma – peak flow measurement*. Retrieved January 2021.  
<https://www.asthma.org.uk/advice/manage-your-asthma/peak-flow/>

Online journal access required:

- Myatt, R. (2017). *Measuring peak expiratory flow rate*. Nursing Standard (online) 31; 40-44.
- Shepherd M, Shepherd E. (2020). Medicines Management 1: *Understanding the routes of administration*. Nursing Times (Online); 116(6), 42-44.

Available for purchase:

- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.

## **Nasogastric tube insertion**

Available for purchase:

- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.

## **Nasopharyngeal Suctioning**

Available for purchase or download.

- The Association of Paediatric Chartered Physiotherapists (2020). *Guidelines for Nasopharyngeal Suctioning of a Child or Young Adult*. Retrieved November 2021.  
[Guidelines for Nasopharyngeal Suction of a Child or Young Adult | Association of Paediatric Chartered Physiotherapists \(csp.org.uk\)](https://www.csp.org.uk/guidelines-for-nasopharyngeal-suctioning-of-a-child-or-young-adult)

Available for purchase:

- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.

## Oxygen Therapy

Free to access:

- World Health Organisation (2016). *Oxygen Therapy of Children: a Manual for Health Care Workers*. Retrieved November 2021.  
[WHO/Europe | Publications - Oxygen therapy for children: a manual for health workers](#)

Available to purchase:

- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.
- Dawson, P. Cook, L., Holliday, L and Reddy, H (Eds. ) (2012) *Oxford Handbook of Clinical Skills for Children's and Young People's Nursing*. Oxford: Oxford University Press.

## Removal of catheter

Available for purchase:

- Macqueen, S. et al. (2012). *The Great Ormond Street Manual of Children's Nursing Practices*. Chichester: Wiley-Blackwell.

## Subcutaneous Injection

Free to access:

- Great Ormond Street Hospital for Children. (2020). *Giving subcutaneous injections*. Retrieved January 2021.  
<https://www.gosh.nhs.uk/conditions-and-treatments/procedures-and-treatments/giving-subcutaneous-injections>
- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.

## Supplementary Children's Nursing Reading List

The following texts and websites contain useful background reading for those entering the NMC Test of Competence:

Free to access:

- Royal College of Nursing. (2021). *Library subject guides*.  
<https://www.rcn.org.uk/library/subject-guides>
- Royal College of Nursing. (2017). *Essential practice for infection prevention and control. Guidance for nursing staff*. London: RCN.  
<https://www.rcn.org.uk/professional-development/publications/pub-005940>
- Public Health England. (2020). *Donning and Doffing Personal protective equipment*. Retrieved January 2021.  
<https://www.gov.uk/government/publications/covid-19-personal-protective-equipment-use-for-aerosol-generating-procedures>
- National Institute for Health and Care Excellence. (2014). *Infection control and prevention guidance*. Retrieved January 2021.  
<https://www.nice.org.uk/guidance/qs61>
- Royal College of Nursing (2019). *Restrictive physical interventions and the clinical holding of children and young people*. Retrieved January 2021.  
<https://www.rcn.org.uk/professional-development/publications/pub-007746>
- Wiegand, C. and Richards, P. (2007). Measurement of intracranial pressure in children: a critical review of current methods. *Developmental Medicine and Child Neurology*, 49(12), 935-941. Retrieved January 2021.  
<https://doi.org/10.1111/j.1469-8749.2007.00935.x>
- Kukreti, V., Mohseni-Bod, H., Drake, J. (2014). Management of raised intracranial pressure in children with traumatic brain injury. *Journal of Pediatric Neurosciences*, 9(3), 207-215. Retrieved January 2021.  
<https://www.pediatricneurosciences.com/text.asp?2014/9/3/207/147572>

Online journal access required:

- Parkes, J. and Hill, N. (2010). The Needs of Children and Young People with Cerebral Palsy. *Paediatric Nursing*, 22(4), 14-19. Retrieved January 2021.  
<https://doi.org/10.7748/paed2010.05.22.4.14.c7736>



Recommended reading which may be purchased:

- Ajay, S. and Cockerill, H. (2014). *From Birth to Five Years: Children's Developmental Progress*. 4<sup>th</sup> edition. Abingdon: Routledge.
- Boxwell, G., Petty, J. and Kaiser, L. (2019). *Neonatal Intensive Care Nursing*. 3<sup>rd</sup> edition. Abingdon: Routledge.
- Blair, K. (2011). *Medicines Management in Children's Nursing*. Exeter: Learning Matters.
- Corkin, D., Clarke, S. and Liggett, L. (2011). *Care Planning in Children and Young People's Nursing*. Chichester: Wiley-Blackwell.
- Hazinski, M. F. (2012). *Nursing Care of the Critically Ill Child*. 3<sup>rd</sup> edition. St Louis, Missouri: Elsevier.
- Hockenberry, M. and Wilson, D. (2018). *Wong's Nursing Care of Infants and Children*. 11<sup>th</sup> edition. St Louis, Missouri: Elsevier.
- Lambert, T., Long, V. and Kelleher, D. (2012). *Communication Skills for Children's Nurses*. Maidenhead: Open University Press.
- Macqueen, S., Bruce, E. and Gibson, F. (2012). *The Great Ormond Street Hospital Manual of Children's Nursing Practices*. Chichester: Wiley-Blackwell.