

# Test of Competence 2021: Reading List

Children's Nursing

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## Core Children's Nursing Reading List

The following titles are essential reading for anyone entering the NMC Test of Competence:

- Dougherty, L., Hofland, J. and Grafton, H. (2020). *The Royal Marsden Manual of Clinical Nursing Procedures (Online Edition)*. 10<sup>th</sup> edition. Hoboken, NJ: Wiley Blackwell.
- Nursing and Midwifery Council. (2020). *Standards of proficiency for registered nurses*.  
<https://www.nmc.org.uk/standards/standards-for-nurses/standards-of-proficiency-for-registered-nurses/>
- Nursing and Midwifery Council. (2018). *The Code: Professional standards of practice and behaviour for nurses, midwives and nursing associates*.  
<https://www.nmc.org.uk/standards/code/>
- Nursing and Midwifery Council. (2020). *Test Specification for the Test of Competence*.  
<https://www.nmc.org.uk/globalassets/sitedocuments/registration/toc-21/toc-21-test-specification---nursing.pdf>
- Nursing and Midwifery Council. (2020). *The Test of Competence 2021: Adult nursing blueprint*.  
<https://www.nmc.org.uk/globalassets/sitedocuments/registration/toc-21/toc-21-blueprint---adult-nursing.pdf>
- Resuscitation Council UK. (2020). *UK Statements and resources on COVID-19 (Coronavirus), CPR and Resuscitation*.  
<https://www.resus.org.uk/covid-19-resources>
- Resuscitation Council UK. (2021). *2021 Resuscitation Guidelines*.  
[2021 Resuscitation Guidelines | Resuscitation Council UK](https://www.resus.org.uk/2021-resuscitation-guidelines)

**The following websites are essential reading for anyone entering the NMC Test of Competence:**

- [www.dh.gov.uk](http://www.dh.gov.uk)
- <https://www.england.nhs.uk/>
- <https://www.nes.scot.nhs.uk/education-and-training/by-discipline/nursing-and-midwifery/careers-and-recruitment/overseas-nurses.aspx>
- <https://gov.wales/overseas-trained-nurses-join-temporary-register>
- <https://www.nhsemployers.org/your-workforce/recruit/employer-led-recruitment/international-recruitment/uk-code-of-practice-for-international-recruitment/recruitment-agency-list/northern-ireland>
- <https://www.gov.uk/government/organisations/public-health-england>
- <https://www.nmc.org.uk/>
- <https://www.nice.org.uk/>
- <https://www.rcn.org.uk/covid-19>
- <https://www.rcn.org.uk/membership/international-nurse-members>
- <https://www.bmj.com/specialties/paediatrics>
- <https://www.paediatricsandchildhealthjournal.co.uk/>
- [https://www.who.int/maternal\\_child\\_adolescent/child/en/](https://www.who.int/maternal_child_adolescent/child/en/)

## **Essential Reading for Children's Nursing OSCEs**

The following resources are the evidential base used for the assessment of the Test of Competence skills stations and should be referred to when preparing for your OSCE.

### **Professional Values**

Free to access:

- Nursing and Midwifery Council. (2018). *The Code: Professional standards of practice and behaviour for nurses, midwives and nursing associates*.  
<https://www.nmc.org.uk/standards/code/>
- Royal College of Nursing. (2010). *Principles of nursing practice*.  
<https://www.rcn.org.uk/professional-development/principles-of-nursing-practice>

Available for purchase:

- Peate, I., Wilde, K. (2018). *Nursing Practice: Knowledge and Care*. 2<sup>nd</sup> edition. Oxford: Wiley-Blackwell. Unit 1 Part 2 – The Professional Nurse and Contemporary Healthcare.
- Baillie, L., Black, S. (2014). *Professional Values in Nursing*. 1<sup>st</sup> edition. Abingdon: Routledge Publishing.

### **Children's Nursing Skills**

#### **Basic Life Support and A-E Assessment**

Free to access:

- Resuscitation Council UK. (2021). *2021 Resuscitation Guidelines*.  
[2021 Resuscitation Guidelines | Resuscitation Council UK](https://www.resus.org.uk/2021-resuscitation-guidelines)

#### **Blood glucose**

Online journal access required:

- Dunning, T. (2016). *How to monitor blood glucose*. Nursing standard (online) 30(22), 36-39.

#### **Inhaled medication station & peak flow measurement**

- Dougherty, L., Hofland, J. and Grafton, H. (2020). *The Royal Marsden Manual of Clinical Nursing Procedures (Online Edition)*. 10<sup>th</sup> edition. Hoboken, NJ: Wiley Blackwell. Refer to Chapters 14.5, 15.6.

Free to access:

- Asthma UK. (2016). *Inhalers and spacers*. Retrieved January 2021.  
<https://www.asthma.org.uk/advice/inhalers-medicines-treatments/inhalers-and-spacers/>
- *How to use an inhaler*. Retrieved January 2021.  
<https://www.asthma.org.uk/advice/inhaler-videos/>
- *How to use a spacer*. Retrieved January 2021.  
<https://www.asthma.org.uk/advice/inhalers-medicines-treatments/inhalers-and-spacers/spacers/#howtouseaspacer>
- *Manage your asthma – peak flow measurement*. Retrieved January 2021.  
<https://www.asthma.org.uk/advice/manage-your-asthma/peak-flow/>

Online journal access required:

- Myatt, R. (2017). *Measuring peak expiratory flow rate*. *Nursing Standard* (online) 31; 40-44.
- Shepherd M, Shepherd E. (2020). *Medicines Management 1: Understanding the routes of administration*. *Nursing Times* (Online); 116(6), 42-44.

Available for purchase:

- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.

### **Nasogastric tube insertion**

Available for purchase:

- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.

### **Nasopharyngeal Suctioning**

Available for purchase or download.

- The Association of Paediatric Chartered Physiotherapists (2020). *Guidelines for Nasopharyngeal Suctioning of a Child or Young Adult*. Retrieved November 2021.  
[Guidelines for Nasopharyngeal Suctioning of a Child or Young Adult | Association of Paediatric Chartered Physiotherapists \(csp.org.uk\)](https://www.csp.org.uk/guidelines-for-nasopharyngeal-suctioning-of-a-child-or-young-adult)

Available for purchase:

- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.

## Oxygen Therapy

Free to access:

- World Health Organisation (2016). *Oxygen Therapy of Children: a Manual for Health Care Workers*. Retrieved November 2021.  
[WHO/Europe | Publications - Oxygen therapy for children: a manual for health workers](#)

Available to purchase:

- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.
- Dawson, P. Cook, L., Holliday, L and Reddy, H (Eds. ) (2012) *Oxford Handbook of Clinical Skills for Children's and Young People's Nursing*. Oxford: Oxford University Press.

## Removal of catheter

Available for purchase:

- Macqueen, S. et al. (2012). *The Great Ormond Street Manual of Children's Nursing Practices*. Chichester: Wiley-Blackwell.

## Subcutaneous Injection

Free to access:

- Great Ormond Street Hospital for Children. (2020). *Giving subcutaneous injections*. Retrieved January 2021.  
<https://www.gosh.nhs.uk/conditions-and-treatments/procedures-and-treatments/giving-subcutaneous-injections>
- Gormley-Fleming, E. (2018). *Children and Young People's Nursing Skills at a Glance*. Chichester: Wiley-Blackwell.

## Supplementary Children's Nursing Reading List

The following texts and websites contain useful background reading for those entering the NMC Test of Competence:

Free to access:

- Royal College of Nursing. (2021). *Library subject guides*.  
<https://www.rcn.org.uk/library/subject-guides>
- Royal College of Nursing. (2017). *Essential practice for infection prevention and control. Guidance for nursing staff*. London: RCN.  
<https://www.rcn.org.uk/professional-development/publications/pub-005940>
- Public Health England. (2020). *Donning and Doffing Personal protective equipment*. Retrieved January 2021.  
<https://www.gov.uk/government/publications/covid-19-personal-protective-equipment-use-for-aerosol-generating-procedures>
- National Institute for Health and Care Excellence. (2014). *Infection control and prevention guidance*. Retrieved January 2021.  
<https://www.nice.org.uk/guidance/qs61>
- Royal College of Nursing (2019). *Restrictive physical interventions and the clinical holding of children and young people*. Retrieved January 2021.  
<https://www.rcn.org.uk/professional-development/publications/pub-007746>
- Wiegand, C. and Richards, P. (2007). Measurement of intracranial pressure in children: a critical review of current methods. *Developmental Medicine and Child Neurology*, 49(12), 935-941. Retrieved January 2021.  
<https://doi.org/10.1111/j.1469-8749.2007.00935.x>
- Kukreti, V., Mohseni-Bod, H., Drake, J. (2014). Management of raised intracranial pressure in children with traumatic brain injury. *Journal of Pediatric Neurosciences*, 9(3), 207-215. Retrieved January 2021.  
<https://www.pediatricneurosciences.com/text.asp?2014/9/3/207/147572>

Online journal access required:

- Parkes, J. and Hill, N. (2010). The Needs of Children and Young People with Cerebral Palsy. *Paediatric Nursing*, 22(4), 14-19. Retrieved January 2021.  
<https://doi.org/10.7748/paed2010.05.22.4.14.c7736>



Recommended reading which may be purchased:

- Ajay, S. and Cockerill, H. (2014). *From Birth to Five Years: Children's Developmental Progress*. 4<sup>th</sup> edition. Abingdon: Routledge.
- Boxwell, G., Petty, J. and Kaiser, L. (2019). *Neonatal Intensive Care Nursing*. 3<sup>rd</sup> edition. Abingdon: Routledge.
- Blair, K. (2011). *Medicines Management in Children's Nursing*. Exeter: Learning Matters.
- Corkin, D., Clarke, S. and Liggett, L. (2011). *Care Planning in Children and Young People's Nursing*. Chichester: Wiley-Blackwell.
- Hazinski, M. F. (2012). *Nursing Care of the Critically Ill Child*. 3<sup>rd</sup> edition. St Louis, Missouri: Elsevier.
- Hockenberry, M. and Wilson, D. (2018). *Wong's Nursing Care of Infants and Children*. 11<sup>th</sup> edition. St Louis, Missouri: Elsevier.
- Lambert, T., Long, V. and Kelleher, D. (2012). *Communication Skills for Children's Nurses*. Maidenhead: Open University Press.
- Macqueen, S., Bruce, E. and Gibson, F. (2012). *The Great Ormond Street Hospital Manual of Children's Nursing Practices*. Chichester: Wiley-Blackwell.