

Test of Competence: Reading List

Learning Disabilities
Nursing

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Core Learning Disabilities Nursing Reading List

The following titles are essential reading for anyone entering the NMC Test of Competence:

- Dougherty, L., Hofland, J. and Grafton, H. (2020). *The Royal Marsden Manual of Clinical Nursing Procedures (Online Edition)*. 10th edition. Hoboken, NJ: Wiley Blackwell.
- Nursing and Midwifery Council. (2020). *Standards of proficiency for registered nurses*.
<https://www.nmc.org.uk/standards/standards-for-nurses/standards-of-proficiency-for-registered-nurses/>
- Nursing and Midwifery Council. (2018). *The Code: Professional standards of practice and behaviour for nurses, midwives and nursing associates*.
<https://www.nmc.org.uk/standards/code/>
- Nursing and Midwifery Council. (2020). *Test Specification for the Test of Competence*.
<https://www.nmc.org.uk/globalassets/sitedocuments/registration/toc-21/toc-21-test-specification---nursing.pdf>
- Nursing and Midwifery Council. (2020). *The Test of Competence 2021: Learning disabilities nursing blueprint*.
<https://www.nmc.org.uk/globalassets/sitedocuments/registration/toc-21/toc-21-blueprint---learning-disabilities-nursing.pdf>
- Resuscitation Council UK. (2021). *UK Statements and resources on COVID-19 (Coronavirus), CPR and Resuscitation*.
<https://www.resus.org.uk/covid-19-resources>
- Resuscitation Council UK. (2021). *2021 Resuscitation Guidelines*.
[2021 Resuscitation Guidelines | Resuscitation Council UK](https://www.resus.org.uk/2021-resuscitation-guidelines)

The following websites are essential reading for anyone entering the NMC Test of Competence:

- www.dh.gov.uk
- <https://www.england.nhs.uk/>
- <https://www.nhsemployers.org/your-workforce/recruit/employer-led-recruitment/international-recruitment/uk-code-of-practice-for-international-recruitment/recruitment-agency-list/northern-ireland>
- <https://www.gov.uk/government/organisations/public-health-england>
- <https://www.nmc.org.uk/>
- <https://www.nice.org.uk/>
- <https://www.rcn.org.uk/covid-19>
- <https://www.autistica.org.uk/>
- <https://www.england.nhs.uk/learning-disabilities/>
- <https://www.mencap.org.uk/>

Essential Reading for Learning Disabilities Nursing OSCEs

The following resources are the evidential base used for the assessment of the Test of Competence skills stations and should be referred to when preparing for your OSCE.

Professional Values

Free to access:

- Nursing and Midwifery Council. (2018). *The Code: Professional standards of practice and behaviour for nurses, midwives and nursing associates*.
<https://www.nmc.org.uk/standards/code/>
- Royal College of Nursing. (2010). *Principles of nursing practice*.
<https://www.rcn.org.uk/professional-development/principles-of-nursing-practice>

Available for purchase:

- Peate, I., Wilde, K. (2018). *Nursing Practice: Knowledge and Care*. 2nd edition. Oxford: Wiley-Blackwell. Unit 1 Part 2 – The Professional Nurse and Contemporary Healthcare.
- Baillie, L., Black, S. (2014). *Professional Values in Nursing*. 1st edition. Abingdon: Routledge Publishing.

Learning Disabilities Nursing Skills

Administration of Suppository

Free to access:

- Bladder and Bowel UK (2017). *Understanding constipation in people with learning difficulties – the importance of identification and treatment*. Retrieved November 2021.
<https://www.bbuk.org.uk/wp-content/uploads/2017/05/Understanding-constipation-in-people-with-learning-difficulties-for-review.pdf>

De-Escalation

Online journal access required:

- Lowry, M. et al. (2016). Deescalating anger: A new model for practice. *Nursing Times* (online), 112(4), 4-7.

Available for purchase:

- Varcarolis, E. (2017). *Essentials of Psychiatric Mental Health Nursing: A Communication Approach to Evidence-Based Care*. 3rd edition. Oxford: Elsevier.

Intramuscular injection

Online journal access required:

- Shepherd, E. (2018). Injection Technique 1: Administering drugs via the intramuscular route. *Nursing Times* (online), 114(8), 23-25.

Nutritional Assessment

Free to access:

- Public Health England (2016). *Constipation: making reasonable adjustments*. Retrieved November 2021.
<https://www.gov.uk/government/publications/constipation-and-people-with-learning-disabilities/constipation-making-reasonable-adjustments>
- NHS (n.d.). *Managing weight with a learning disability*. Retrieved November 2021.
<https://www.nhs.uk/live-well/healthy-weight/managing-weight-with-a-learning-disability/>

Pain assessment

Free to access:

- British pain society. (2019). *Outcome Measures*. Retrieved January 2021.
https://www.britishpainsociety.org/static/uploads/resources/files/Outcome_Measures_January_2019.pdf

Online journal access required:

- Swift, A. (2015). Pain Management 3: The importance of assessing pain in adults. *Nursing Times* (online), 11(41), 12-17.

Physiological observations

Free to access:

- Royal College of Physicians. (n.d.). E-learning tools. Retrieved January 2021.
<https://www.rcplondon.ac.uk/projects/outputs/national-early-warning-score-news-2>
- Geeky Medics. (n.d.). *Measuring vital signs*. Retrieved January 2021.
<https://geekymedics.com/basic-observations-vital-signs-osce>
- Mindham, J. and Espie, C.A. (2003). Glasgow Anxiety Scale for people with an intellectual Disability (GAS-ID): development and psychometric properties of a new measure for use with people with mild intellectual disabilities. *Journal of Intellectual Disability Research*, 47(1), 22-30. Retrieved January 2021.
<https://onlinelibrary.wiley.com/doi/epdf/10.1046/j.1365-2788.2003.00457.x>

Supplementary Learning Disabilities Nursing Resource List

The following texts and websites contain useful background reading for those entering the NMC Test of Competence:

Free to access:

- Royal College of Nursing. (2021). *Library subject guides*.
<https://www.rcn.org.uk/library/subject-guides>
- Royal College of Nursing. (2017). *Essential practice for infection prevention and control. Guidance for nursing staff*. London: RCN.
<https://www.rcn.org.uk/professional-development/publications/pub-005940>
- Public Health England. (2020). *Donning and Doffing Personal protective equipment*. Retrieved January 2021.
<https://www.gov.uk/government/publications/covid-19-personal-protective-equipment-use-for-aerosol-generating-procedures>
- National Institute for Health and Care Excellence. (2014). *Infection control and prevention guidance*. Retrieved January 2021.
<https://www.nice.org.uk/guidance/qs61>

Recommended reading which may be purchased:

- Barr, O. and Gates, B. (2018). *Oxford Handbook of Learning and Intellectual Disability Nursing*. 2nd edition. Oxford: Oxford University Press.
- Gates, B., Fearn, D. and Welch, J. (2015). *Learning Disability Nursing at a Glance*. Chichester: Wiley Blackwell.
- Gates, B. and Mafuba, K. (2015). *Learning Disabilities Nursing: Modern Day Practice*. Abingdon: Routledge.
- Turnbull, J. (2004). *Learning Disability Nursing*. Chichester: Wiley Blackwell.