

# Professional Standards to meet the ToC21 OSCE outcomes for Adult Nursing

This document sets out some guidance in relation to how the NMC Professional Standards relate to the Test of Competence OSCE stations for Adult Nursing. It is not an exhaustive list but has been produced to provide some guidance on how the OSCE stations relate to the relevant professional standards and how the candidates can demonstrate the professional standards in their assessments..

# Professional Standards

## Prioritise People

- Treat People as individuals and uphold their dignity
- Listen to people and respond to their preferences and concerns
- Make sure that people's physical, social and psychological needs are addressed and responded to
- Act in the best interest of people at all times
- Respect people's right to privacy and confidentiality

## Practice Effectively

- Always practise in line with the best available evidence
- Communicate clearly
- Work cooperatively
- Share your skills, knowledge and experience for the benefit of people receiving care and your colleagues
- Keep clear and accurate records relevant to your practice
- Be accountable for your decisions to delegate tasks and duties to other people

## Preserve Safety

- Recognise and work within the limits of your competence
- Be open and candid with all service users about all aspects of care and treatment, including when any mistakes or harm have taken place
- Always offer help if an emergency arises in your practice setting or anywhere else
- Act without delay if you believe there is a risk to patient safety or public protection
- Raise concerns immediately if you believe a person is vulnerable or at risk and needs extra support and protection
- Advise on, prescribe, supply, dispense or administer medicines within the limits of your training and competence, the law, our guidance and other relevant policies, guidance and regulations
- Be aware of, and reduce as far as possible, any potential for harm associated with your practice

## Promote Professionalism and Trust

- Uphold the reputation of your profession at all times
- Uphold your position as a registered nurse, midwife or nursing associate

- Fulfil all registration requirements
- Cooperate with all investigations and audits
- Respond to any complaints made against you professionally
- Provide leadership to make sure people's wellbeing is protected and to improve their experiences of the health and care system

## OSCE stations

The table below identifies the most pertinent aspects of a station in relation to each of the four NMC Professional Standards.

Station	Prioritise People	Practice Effectively	Preserve Safety	Promote Professionalism and Trust
Assessment	Approach and speak to the patient using a professional manner at all times. Assessment undertaken is relevant to the patient's history and presenting condition. Conducts a holistic assessment.	Complete a full A-E assessment relevant to the patient's condition. Accurately measure and document observations. Calculates a score (where required) and documents on the appropriate assessment tool.	Complete a full and accurate identity and allergy check. Accurately measure and document observations. Identify areas for escalation/ongoing care. Use appropriate hand hygiene and PPE (where relevant).	Use appropriate behaviour and language when interacting with the patient. Acts according to the code.
Planning	Identify problems relevant to the patient scenario/situation as per information provided and gained during patient interaction. Use a patient centred approach to care planning.	Ensure aims are relevant and achievable. Ensure that care planned is evidence based and relates to current best practice. Ensure errors are correctly documented. Sign and date documentation in accordance with policy and guidelines.	Identify care and actions that are safe and effective and relevant to the identified problems. Refers to evidence based practice.	Use professional language. Documentation meets professional standards. Completes all sections of the document including date, time and signature.

<b>Station</b>	<b>Prioritise People</b>	<b>Practice Effectively</b>	<b>Preserve Safety</b>	<b>Promote Professionalism and Trust</b>
Implementation	Identity and allergy checks completed accurately and completely. Use professional language at all times. Communicate with the patient and gain consent before administering medications. Provide relevant information to the patient in respect of the indications for the medications.	Identify and administer medications accurately. Correctly document administration and non-administration of medications. Give a correct explanation for medications administered. Identify pre administration checks for e.g. pulse rate before administering Digoxin. Correctly identifies medications not to be administered where relevant.	Correctly document all administration and non-administration of medications to NMC standards. Give correct explanations for medications administered and rationale for medications omitted.	Use professional language. Documentation meets professional standards.
Evaluation	Give an effective SBAR handover. Feedback relates to the patient in the scenario.	Give an effective SBAR handover. Verbal communication is clear and accurate.	Give an effective SBAR handover. Gives an accurate evaluation of the situation and makes clear recommendations.	Give an effective SBAR handover. Acts professionally throughout.
Professional Values	Identify key issues related to NMC Code. Acknowledges the patient and the impact on them.	Demonstrates knowledge regarding accountability and reporting. Documents and escalates where required.	Ensures the safety of the patient in the scenario.	Recognises duty of candour and aspects of the code that relate to the given scenario. Reports and records where required.
Evidence Based Practice	Answers and summarises the information given.	Writing is clear and legible. Answers questions asked	Summarises the impact on the patient and evaluates the evidence	Meets documentation standards. Identifies good practice.

<b>Station</b>	<b>Prioritise People</b>	<b>Practice Effectively</b>	<b>Preserve Safety</b>	<b>Promote Professionalism and Trust</b>
Administration of Inhaled Medication	Correctly identifies the patient and gains consent. Correctly describes the procedure and administers the correct medication.	All medication and prescription checks are completed accurately. Medication is prepared and administered correctly.	Appropriate use of PPE where required and hand hygiene. Safe handling and disposal of waste.	Accurately documents administration of medication. Communication with the patient is professional and accurate.
Aseptic Non-Touch Technique	Communicates effectively with the patient and communicates throughout the procedure. Ensures the patients dignity is maintained.	Procedure is carried correctly using ANTT.	Appropriate use of PPE where required and hand hygiene. Safe handling and disposal of waste.	Reassures the patient at the end of the procedure.
Blood Glucose Monitoring	Explanations given to the patient pre and post procedure reflect evidence based/best practice. Follow instructions for what is required in the station. For e.g. consent may already have been gained.	Carries out the procedure accurately. Takes the sample from the correct place. Documents findings.	Disposes of waste safely.	Gives Health education as required. Documentation is accurate.
Catheter Specimen of Urine	Explanations given to the patient pre and post procedure reflect evidence based/best practice. Follow instructions for what is required in the station. For e.g. consent may already have been gained.	Carries out the procedure accurately. Identifies and cleans the correct sampling port. Maintains sterility of the sample.	Disposes of waste appropriately. Maintains the sterility of the sample. Appropriate handling of samples.	Maintains the patients privacy and dignity. Any health education is appropriate and relates to the sample result.

<b>Station</b>	<b>Prioritise People</b>	<b>Practice Effectively</b>	<b>Preserve Safety</b>	<b>Promote Professionalism and Trust</b>
Fine Bore Nasogastric Tube	Explains the procedure to the patient. Arranges a safety signal.	Gathers the equipment. Correctly measures the length of the tube. Inserts and tests the positioning correctly.	Disposes of waste correctly.	Ensures the patient is comfortable.
Fluid Balance Chart	Written station no interaction with patient.	Correctly transposes information.	Correctly calculates and documents fluid intake output and fluid balance on chart.	Documentation is clear accurate and legible.
In-Hospital Resuscitation	Checks response and calls for help. Maintains safety. Positions the patient.	Demonstrates and carries out IHR effectively.	Maintains patient safety.	Acts professionally throughout the procedure.
Intramuscular Injection	Identifies the patient and verifies the prescription accurately.	Correctly calculates draws up and administers the medication to the patient. Assesses the site.	Disposes of waste safely and accurately including disposal of sharps.	Accurately documents administration of medication.
IV flush and VIP score	Carries out all relevant identity and medication checks correctly. Explains the procedure to the patient.	Assesses the site. Administers the medication correctly and safely.	Administers the medication and disposes of waste appropriately.	Accurately documents administration of medication.
MSU and Urinalysis	Explanations given to the patient pre and post procedure reflect evidence based/best practice. Follows instructions regarding what is required in the station. For e.g. consent may already have been gained.	Carries out the procedure correctly. Maintains sterility of the test strip.	Disposes of waste accurately. Disposes of sample where required.	Correctly documents the sample results and communicates to the patient.

<b>Station</b>	<b>Prioritise People</b>	<b>Practice Effectively</b>	<b>Preserve Safety</b>	<b>Promote Professionalism and Trust</b>
Pain Assessment	Gains Consent explains the procedure.	Uses a PQRST assessment. Acknowledges the patient is in pain. Asks about pain relief. Discusses positioning and safety.	Ensures patient safety.	Indicates need to document pain. Indicates need to communicate with the Multidisciplinary team.
Peak Expiratory Flow Rate	Communication with the patient is clear and accurate.	Explains and carries out procedure correctly.	Disposes of waste correctly.	Documents results accurately ensuring all readings are correct.
Pressure Area Assessment	Written station no interaction with patient.	Uses information provided to calculate and document the Braden score.	Written station no interaction with patient.	Accurately documents and completed the score using the information given.
Removal of Urinary Catheter	Explanations given to the patient pre and post procedure reflect evidence based practice. Follow instructions for what is required in the station.	Carries out the procedure accurately. Correctly deflates the balloon ensuring the correct amount of water is removed. Makes the patient comfortable. Gives appropriate health education advice.	Disposes of waste correctly.	Acts professionally throughout the procedure.
Subcutaneous Injection	Identifies the patient and verifies the prescription accurately.	Correctly calculates draws up and administers the medication to the patient. Assesses the site.	Disposes of waste safely and accurately including disposal of sharps.	Accurately documents administration of medication.
Wound Assessment	Makes the patient comfortable. States a pain assessment will be undertaken.	Demonstrates hand hygiene. Dons PPE.	Assesses and reports the condition of the wound.	Discusses any further action that may be required.