

# *myfuture mymidwife*

Transforming midwifery care for everyone



# My Future, My Midwife

In communities everywhere, it's a basic human right of every single woman, baby and family to experience the best and safest care possible during pregnancy and birth.

As the professional regulator of more than 40,000 midwives across all four countries of the UK, that's our expectation, and it's what we are striving for because that's what people simply deserve – now, and for the future.

That's why we've published new future midwife standards that will ensure midwives joining the profession can work in partnership with women and meet the needs, views, preferences and decisions of women and their babies, taking account of individual circumstances and the contexts in which women live.



# What the new standards mean for you

The standards are set out in six sections called domains. Here's what each one means for you:

## 1. Being an accountable, autonomous, professional midwife

Midwives are there for all women and families throughout their maternity journey, so it's important they respect your needs, views, preferences and informed decisions.

*Your midwife will focus on your personal needs to provide safe, effective and compassionate care, and will be accountable for decisions they make with you.*

## 2. Safe and effective midwifery care: promoting and providing continuity of care and carer

Midwives provide care during pregnancy, birth and those important first days of family life. They can support and care for you in your home, the community, midwifery led units, hospitals and other settings.

*Your midwife will work in partnership with you to create a safe, kind, respectful and empowering environment.*

## 3. Universal care for all women and babies

It's a midwife's role to support and empower women to promote positive outcomes for them, their babies and families.

*Your midwife will understand your needs and will work to anticipate and prevent complications.*

#### 4. Additional care for women and babies with complications

If you have additional needs, midwives are best placed to recognise and respond to these.

*You can rely on your midwife to work with other professionals if that's needed.*

#### 5. Promoting excellence: the midwife as colleague, scholar and leader

Midwives are vitally important to the quality and safety of maternity care, always striving to learn and improve the quality of care for all.

*Your midwife will take responsibility for their own lifelong learning, supporting others and sharing best practice.*

#### 6. The midwife as skilled practitioner

Being a midwife requires a unique skillset, and midwives will work hard to apply their knowledge safely and effectively.

*You can rest assured your midwife has the right knowledge, skills and behaviours to meet your needs.*



Find out more about the  
future midwife standards at:

[www.nmc.org.uk](http://www.nmc.org.uk)

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