

**Nursing and Midwifery Council
Fitness to Practise Committee**

**Interim Order Review Meeting
Tuesday, 22 September 2026**

Virtual Meeting

Name of Registrant:	Rose Uwakah
NMC PIN:	21E0422E
Part(s) of the register:	Registered Nurse – Sub Part 1 Mental Health Nursing (Level 1) – October 2022
Relevant Location:	London
Panel members:	Fiona Abbott (Chair, Lay member) Alison Thomson (Registrant member) Joanne Morgan (Lay member)
Hearings Coordinator:	Zahra Khan
Interim order to be reviewed:	Interim conditions of practice order (18 months)
Outcome of review:	Interim conditions of practice order confirmed

Decision and reasons on interim order

The panel decided to confirm the current interim conditions of practice order.

'For the purposes of these conditions, 'employment' and 'work' mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, 'course of study' and 'course' mean any course of educational study connected to nursing, midwifery or nursing associates.

1. You must limit your nursing practice to one single substantive employer. If this substantive employer is an agency or bank, each clinical placement must be for a period of no less than 3 months.
2. You must not be the nurse in charge of any shift.
3. You must ensure that you are indirectly supervised any time you are working. Your supervision must consist of working at all times on the same shift as, but not always directly observed by, another registered nurse.
4. You must meet with your line manager, mentor or supervisor fortnightly for the first two months in any post, and monthly thereafter with the agreement of your line manager, mentor or supervisor, to have reflective discussions on your clinical performance and conduct particularly in regards to:
 - a) Administration and management of medication
 - b) Record keeping and documentation
 - c) Escalating concerns
 - d) Team work and your communication with colleagues
5. You must send your NMC case officer a report from your line manager, mentor or supervisor prior to any review hearing or meeting outlining your clinical performance with specific reference to:

- a) Administration and management of medication
 - b) Record keeping and documentation
 - c) Escalating concerns
 - d) Team work and your communication with colleagues
6. You must keep the NMC informed about anywhere you are working by:
- a) Telling your case officer within seven days of accepting or leaving any employment.
 - b) Giving your case officer your employer's contact details.
7. You must keep the NMC informed about anywhere you are studying by:
- a) Telling your case officer within seven days of accepting any course of study.
 - b) Giving your case officer the name and contact details of the organisation offering that course of study.
8. You must immediately give a copy of these conditions to:
- a) Any organisation or person you work for
 - b) Any agency you apply to or are registered with for work.
 - c) Any employers you apply to for work (at the time of application).
 - d) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
9. You must tell your case officer, within seven days of your becoming aware of:
- a) Any clinical incident you are involved in.
 - b) Any investigation started against you.
 - c) Any disciplinary proceedings taken against you.

10. You must allow your case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:

- a) Any current or future employer.
- b) Any educational establishment.
- c) Any other person(s) involved in your retraining and/or supervision required by these conditions.'

Unless there has been a material change of circumstances, a panel will review the interim conditions of practice order at an administrative meeting within the next six months. The reviewing panel will be invited by the NMC to confirm the order at this meeting and Miss Uwakah will be notified of that panel's decision in writing following that meeting.

Alternatively, Miss Uwakah is entitled to have the interim conditions of practice order reviewed at a hearing. This means that Miss Uwakah will be able to attend and make representations, send a representative on her behalf or submit written representations about whether the order continues to be necessary. Miss Uwakah must inform her case officer if she would like the interim conditions of practice order to be reviewed at a hearing.

Even if Miss Uwakah does not request a hearing, where there has been a material change of circumstances that might mean that the order should be revoked or replaced, a panel will review the order at a hearing to which Miss Uwakah and her representative will be invited to attend.

This decision will be confirmed to Miss Uwakah in writing.

That concludes this determination.