Nursing and Midwifery Council
Fitness to Practise Committee

Interim Order Review Meeting
Wednesday, 21 October 2026

Virtual Meeting

Name of Registrant:	Remya Arakkattu Varghese
NMC PIN:	22H1252O
Part(s) of the register:	Registered Nurse – Adult Nursing RNA – (15 August 2022)
Relevant Location:	Basildon
Panel members:	Nicholas Rosenfeld (Chair, lay member) Mary Pocock (Registrant member) Chantelle Whitehead (Lay member)
Hearings Coordinator:	Adaobi Ibuaka
Interim order to be reviewed:	Interim suspension order (18 Months)
Outcome of review:	**Interim suspension order confirmed**

Decision and reasons on interim order

The panel decided to confirm the current interim suspension order.

Unless r Ms Varghese's case has already been concluded or there has been a material change of circumstances, a panel will review the interim suspension order at a review meeting within the next six months and every six months thereafter. A panel will be invited by the Nursing and Midwifery Council (NMC) to confirm the interim suspension order at this meeting and Ms Varghese will be notified of the panel's decision in writing following that meeting.

Where there has been a material change of circumstances that might mean that the order should be revoked or replaced, or there has been a request for an early review, a panel will review the interim order at a hearing which Ms Varghese will be invited to attend in person, send a representative on Ms Varghese's behalf or submit written representations for the panel to consider. At any such review hearing the panel may revoke the interim order, it may confirm the interim suspension order or it may replace it with an interim conditions of practice order.

A panel of the Fitness to Practise Committee has still to deal with the allegations made against Ms Varghese. The NMC will keep Ms Varghese informed of developments in relation to that issue.

This will be confirmed to Ms Varghese in writing.

That concludes this determination.