# Nursing and Midwifery Council
# Investigating Committee

**Interim Order Review Hearing**
**Wednesday, 21 October 2026**
**and Friday 30 October 2026**

Virtual Hearing

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| **Name of Registrant:** | Catherine Downie |
| **NMC PIN:** | 19B1440E |
| **Part(s) of the register:** | Registered Midwife Midwifery<br>01 March 2019 |
| **Relevant Location:** | Swindon |
| **Panel members:** | Mahjabeen Agha (Chair, Lay member)<br>Winfilda Ngoshi (Registrant member)<br>Caroline Browne (Lay member) |
| **Legal Assessor:** | Gerard Coll (Wednesday, 21 October 2026)<br>Alice Robertson Rickard (Friday 30 October 2026) |
| **Hearings Coordinator:** | Elizabeth Fagbo |
| **Nursing and Midwifery Council:** | Represented by Zack Martin, Case Presenter (Wednesday, 21 October 2026)<br>Sally Denholm (Friday 30 October 2026) |
| **Mrs Downie:** | Present and represented by Conell Loggenberg |
| **Interim order to be reviewed:** | Interim suspension order (18 months) |
| **Outcome of review:** | **Interim suspension order replaced with interim conditions of practice order** |

**Decision and reasons on interim order**

The panel decided to replace the current interim suspension order with an interim conditions of practice order.

As such it determined that the following conditions were proportionate and appropriate:

> ‘For the purposes of these conditions, ‘employment’ and ‘work’ mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, ‘course of study’ and ‘course’ mean any course of educational study connected to nursing, midwifery or nursing associates.
>
> 1. You must not work as an independent midwife.
>
> 2. You must limit your midwifery practice to one substantive employer. This must not be an agency, and you must not undertake any bank work.
>
> 3. You must not be the sole midwife in charge of any shift, and you must not be the lead midwife of any home birth deliveries.
>
> 4. You must ensure that you are directly supervised for a minimum of five shifts until signed off as competent to undertake the following:
>
>    - Record keeping
>    - Fetal heart rate monitoring
>    - Responding to deteriorating patients
>    - Offering choice in birth
>    - Undertaking patient assessment
>
>    This supervision must consist of working at all times whilst being directly observed by another registered midwife.

5. You must meet with your line manager, mentor, or supervisor fortnightly to discuss your conduct and performance with specific reference to:

    - Record keeping
    - Fetal heart rate monitoring
    - Responding to deteriorating patients
    - Offering choice in birth
    - Undertaking patient assessment

6. Prior to any review hearing or meeting, you must provide to your NMC case officer a report from your line manager, mentor, or supervisor which demonstrates how you have strengthened your practice in the following areas:

    - Record keeping
    - Fetal heart rate monitoring
    - Responding to deteriorating patients
    - Offering choice in birth
    - Undertaking patient assessment

7. You must keep the NMC informed about anywhere you are working by:
    a) Telling your case officer within seven days of accepting or leaving any employment.
    b) Giving your case officer your employer's contact details.

8. You must keep the NMC informed about anywhere you are studying by:
    a) Telling your case officer within seven days of accepting any course of study.

b) Giving your case officer the name and contact details of the organisation offering that course of study.

9. You must immediately give a copy of these conditions to:
   a) Any organisation or person you work for.
   b) Any employers you apply to for work (at the time of application).
   c) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.

10. You must tell your NMC case officer, within seven days of your becoming aware of:
   a) Any clinical incident you are involved in.
   b) Any investigation started against you.
   c) Any disciplinary proceedings taken against you.

11. You must allow your NMC case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:
   a) Any current or future employer.
   b) Any educational establishment.
   c) Any other person(s) involved in your retraining and/or supervision required by these conditions

Unless your case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, you or the NMC may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review, a reviewing panel may revoke the interim order or any condition of it, it may confirm the interim conditions of practice order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

In certain circumstances, it may be possible for the interim conditions of practice order to be reviewed by a panel at an administrative meeting. your case officer will write to you about this in due course.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against you. The NMC will write to you when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to you in writing.

That concludes this determination.