

**Nursing and Midwifery Council  
Investigating Committee**

**Interim Order Review Hearing  
Friday, 22 May 2026**

Virtual Hearing

<b>Name of Registrant:</b>	Biju Varghese
<b>NMC PIN:</b>	23D01860
<b>Part(s) of the register:</b>	Registered Nurse – Sub Part 1 Adult Nursing (Level 1) – 4 April 2023
<b>Relevant Location:</b>	Herefordshire
<b>Panel members:</b>	Palbinder Thandi (Chair, lay member) Melanie Tanner (Registrant member) Noreen Quraishi (Lay member)
<b>Legal Assessor:</b>	Giovanna Palmiero
<b>Hearings Coordinator:</b>	Catherine Blake
<b>Nursing and Midwifery Council:</b>	Represented by Jerome Burch, Case Presenter
<b>Mr Varghese:</b>	Not present and not represented at the hearing
<b>Interim order to be reviewed:</b>	Interim conditions of practice order (18 months)
<b>Outcome of review:</b>	<b>Interim conditions of practice order confirmed</b>

## Decision and reasons on interim order

The panel decided to confirm the current interim conditions of practice order

The panel has determined that the following conditions are proportionate and appropriate:

‘For the purposes of these conditions, ‘employment’ and ‘work’ mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, ‘course of study’ and ‘course’ mean any course of educational study connected to nursing, midwifery or nursing associates.

1. You must work for one substantive employer. If you work via an agency, this must be for a placement of at least three months’ duration.
2. You must not be the nurse in charge of any shift.
3. At any time that you administer or manage medication, you must be directly supervised by another registered nurse. You must not administer or manage medication unsupervised until you have been assessed and signed off as competent to do so by another registered nurse.
4. Once you have been signed off as competent in medication administration and management, you must send a report or confirmation from your line manager, mentor or supervisor verifying this to your NMC case officer within 7 days.
5. You must keep the NMC informed about anywhere you are working by:
  - a. Telling your case officer within seven days of accepting or leaving any employment.
  - b. Giving your case officer your employer’s contact details.
6. You must keep the NMC informed about anywhere you are studying by:
  - a. Telling your case officer within seven days of accepting any course of study.

- b. Giving your case officer the name and contact details of the organisation offering that course of study.
  
7. You must immediately give a copy of these conditions to:
  - a. Any organisation or person you work for.
  - b. Any agency you apply to or are registered with for work.
  - c. Any employers you apply to for work (at the time of application).
  - d. Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
  
8. You must tell your case officer, within seven days of your becoming aware of:
  - a. Any clinical incident you are involved in.
  - b. Any investigation started against you.
  - c. Any disciplinary proceedings taken against you.
  
9. You must allow your case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:
  - a. Any current or future employer.
  - b. Any educational establishment.
  - c. Any other person(s) involved in your retraining and/or supervision required by these conditions

Unless Mr Varghese's case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, Mr Varghese or the Nursing and Midwifery Council (NMC) may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review a panel may revoke the interim order or any condition of it, it may confirm the interim order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against Mr Varghese. The NMC will write to Mr Varghese when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to Mr Varghese in writing.

That concludes this determination.