

**Nursing and Midwifery Council
Fitness to Practise Committee**

**Interim Order Review Meeting
Friday, 6 March 2026**

Virtual Meeting

Name of Registrant:	Rufus Ogbonna Onya
NMC PIN:	23B1563E
Part(s) of the register:	Nurses part of the register Sub part 1 RNMH: Mental health nurse, level 1 (27 September 2023)
Relevant Location:	London
Panel members:	Nilla Varsani (Chair, lay member) Sharon Aldridge-Bent (Registrant member) Georgina Wilkinson (Lay member)
Hearings Coordinator:	Adaobi Ibuaka
Interim order to be reviewed:	Interim suspension order (18 months)
Outcome of review:	Interim suspension order confirmed

Decision and reasons on interim order

The panel decided to confirm the current interim suspension order

Unless Mr Onya's case has already been concluded or there has been a material change of circumstances, a panel will review the interim suspension order at a review meeting within the next six months and every six months thereafter. A panel will be invited by the Nursing and Midwifery Council (NMC) to confirm the interim suspension order at this meeting and Mr Onya will be notified of the panel's decision in writing following that meeting.

Where there has been a material change of circumstances that might mean that the order should be revoked or replaced, or there has been a request for an early review, a panel will review the interim order at a hearing which Mr Onya will be invited to attend in person, send a representative on Mr Onya's behalf or submit written representations for the panel to consider. At any such review hearing the panel may revoke the interim order, it may confirm the interim suspension order or it may replace it with an interim conditions of practice order.

A panel of the Fitness to Practise Committee has still to deal with the allegations made against Mr Onya. The NMC will keep Mr Onya informed of developments in relation to that issue.

This will be confirmed to Mr Onya in writing.

That concludes this determination.