

**Nursing and Midwifery Council  
Investigating Committee**

**New Interim Order Hearing  
Thursday, 25 June 2026**

Virtual Hearing

**Name of Registrant:** **Blessing Uka**

**NMC PIN:** 22H0634E

**Part(s) of the register:** Registered Nurse  
Adult Nursing – 27 October 2022

**Relevant Location:** Havering

**Panel members:** Neil Calvert (Chair, Lay member)  
Karen McCutcheon (Registrant member)  
Julian Graville (Lay member)

**Legal Assessor:** Alain Gogarty

**Hearings Coordinator:** Tyra Andrews

**Nursing and Midwifery Council:** Represented by Vanya Headley, Case  
Presenter

**Mrs Uka:** Present and represented by Zafreen  
Chowdhury, instructed by The Royal College  
of Nursing (RCN)

**Interim order directed:** **Interim conditions of practice order (18  
months)**

## **Decision and reasons on interim order**

The panel decided to make an interim conditions of practice order for a period of 18 months.

The panel has determined that the following conditions are proportionate and appropriate:

For the purposes of these conditions, 'employment' and 'work' mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, 'course of study' and 'course' mean any course of educational study connected to nursing, midwifery or nursing associates.

1. You must restrict your employment to one substantive employer. If this is an agency any placement must be of at least 3 months duration.
2. You must not be the nurse in charge or the sole nurse on duty on any shift.
3. You must be directly supervised by another registered nurse at any time you are managing or administering medication until you are formally assessed and signed off as competent to do so independently by a registered nurse of Band 6 or above. Evidence of the assessment must be provided to the NMC within 7 days of completion.
4. You must be indirectly supervised by another registered nurse at all other times. This supervision must consist of working on the same shift as, but not always directly observed by another registered nurse.
5. You must meet fortnightly with your line manager or supervisor to discuss:
  - a) Medications management and administration.
  - b) Patient handovers.
  - c) All other aspects of your clinical practice.

6. You must provide a report from your line manager or supervisor detailing your progress in the areas detailed above in advance of any NMC meeting or hearing.
  
7. You must keep the NMC informed about anywhere you are working by:
  - a) Telling your case officer within seven days of accepting or leaving any employment.
  - b) Giving your case officer your employer's contact details.
  
8. You must keep the NMC informed about anywhere you are studying by:
  - a) Telling your case officer within seven days of accepting any course of study.
  - b) Giving your case officer the name and contact details of the organisation offering that course of study.
  
9. You must immediately give a copy of these conditions to:
  - a) Any organisation or person you work for.
  - b) Any agency you apply to or are registered with for work.
  - c) Any employers you apply to for work (at the time of application).
  - d) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
  
10. You must tell your NMC case officer, within seven days of your becoming aware of:
  - a) Any clinical incident you are involved in.
  - b) Any investigation started against you.
  - c) Any disciplinary proceedings taken against you.

11. You must allow your NMC case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:
  - a) Any current or future employer.
  - b) Any educational establishment.
  - c) Any other person(s) involved in your retraining and/or supervision required by these conditions.

Unless your case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, you or the Nursing and Midwifery Council (NMC) may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review a panel may revoke the interim order or any condition of it, it may confirm the interim order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against you. The NMC will write to you when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to you in writing.

That concludes this determination.