

**Nursing and Midwifery Council
Investigating Committee**

**New Interim Order Hearing
Monday, 29 June 2026**

Virtual Hearing

Name of Registrant:	Sophie Louise Holt
NMC PIN:	23I1710E
Part(s) of the register:	Registered Nurse- Children RNC - October 2023
Relevant Location:	Sheffield
Panel members:	Michael Robert McCulley (Chair, Lay member) Sue Gwyn (Registrant member) Simon Shevlin (Lay member)
Legal Assessor:	Ben Stephenson
Hearings Coordinator:	Shazmeen Uddin
Nursing and Midwifery Council:	Represented by Rosie Welsh, Case Presenter
Ms Holt:	Not present and unrepresented at this hearing
Interim order directed:	Interim conditions of practice order (18 months)

Decision and reasons on interim order

The panel decided to make an interim conditions of practice order for a period of 18 months.

The panel has determined that the following conditions are proportionate and appropriate:

'For the purposes of these conditions, 'employment' and 'work' mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, 'course of study' and 'course' mean any course of educational study connected to nursing, midwifery or nursing associates.

1. You must restrict your employment to one substantive employer. This must not be agency or Bank work.
2. You must not be the nurse in charge or the sole nurse on duty on any shift.
3. You must ensure that you are supervised at any time you are working. Your supervision must consist of working at all times on the same shift as, but not always directly observed by, another registered nurse.
4. You must be directly supervised by another registered nurse at all times when you are involved in:
 - a) Clinical observations.
 - b) Fluid balance measurement.
 - c) Medicine management.
 - d) Oxygen administration.

Until such time as you are signed off as competent in those areas.

5. Verification of any signed off competencies must be sent to the NMC within seven days of the sign off date.

6. You must have fortnightly meetings with your line manager to discuss:
 - a) Clinical observations.
 - b) Fluid balance measurement.
 - c) Medicine management.
 - d) Oxygen administration.
 - e) Communication with patient and families.

7. You must provide the NMC with a report from your line manager or mentor, prior to future hearings, regarding performance in relation to:
 - a) Clinical observations.
 - b) Fluid balance measurement.
 - c) Medicine management.
 - d) Oxygen administration.
 - e) Communication with patient and families.

8. You must keep the NMC informed about anywhere you are working by:
 - a) Telling your case officer within seven days of accepting or leaving any employment.
 - b) Giving your case officer your employer's contact details.

9. You must keep the NMC informed about anywhere you are studying by:
 - a) Telling your case officer within seven days of accepting any course of study.
 - b) Giving your case officer the name and contact details of the organisation offering that course of study.

10. You must immediately give a copy of these conditions to:
 - a) Any organisation or person you work for.
 - b) Any employers you apply to for work (at the time of application).

- c) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
11. You must tell your case officer, within seven days of your becoming aware of:
- a) Any clinical incident you are involved in.
 - b) Any investigation started against you.
 - c) Any disciplinary proceedings taken against you.
12. You must allow your case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:
- a) Any current or future employer.
 - b) Any educational establishment.
 - c) Any other person(s) involved in your retraining and/or supervision required by these conditions

Unless Ms Holt's case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, Ms Holt or the Nursing and Midwifery Council (NMC) may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review a panel may revoke the interim order or any condition of it, it may confirm the interim order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against Ms Holt. The NMC will write to Ms Holt when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to Ms Holt in writing.

That concludes this determination.