

**Nursing and Midwifery Council
Investigating Committee**

**New Interim Order Hearing
Thursday 30 July 2026**

Virtual Hearing

Name of Registrant:	Teresa Plant
NMC PIN:	22G0853W
Part(s) of the register:	Registered Nurse - Mental Health RNMH – October 2022
Relevant Location:	Cardiff
Panel members:	Ingrid Lee (Chair, Lay member) Nicola Harvey (Registrant member) Michaela Higgins (Lay member)
Legal Assessor:	Andrew Reid
Hearings Coordinator:	Fionnuala Contier-Lawrie
Nursing and Midwifery Council:	Represented by Alistair Sloan, Case Presenter
Ms Plant:	Present and represented by Samantha Madden, instructed by Royal College of Nursing (RCN)
Interim order directed:	Interim suspension order (18 months)

Decision and reasons on interim order

The panel decided to make an interim suspension order for a period of 18 months.

Unless Ms Plant's case has already been concluded or there has been a material change of circumstances, a panel will review the interim suspension order at a review meeting within the next six months and every six months thereafter. A panel will be invited by the NMC to confirm the interim suspension order at this meeting and Ms Plant will be notified of the panel's decision in writing following that meeting.

Where there has been a material change of circumstances that might mean that the order should be revoked or replaced, or there has been a request for an early review, a panel will review the interim order at a hearing which Ms Plant will be invited to attend in person, send a representative on Ms Plant's behalf or submit written representations for the panel to consider. At any such review hearing the panel may revoke the interim order, it may confirm the interim suspension order or it may replace it with an interim conditions of practice order.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against Ms Plant. The NMC will write to Ms Plant when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to Ms Plant in writing.

That concludes this determination.