

**Nursing and Midwifery Council
Investigating Committee**

**Interim Order Review Hearing
Tuesday, 13 January 2026**

Virtual Hearing

Name of Registrant:	Bimalee Sinhalage
NMC PIN:	24D0274O
Part(s) of the register:	Registered Nurse Adult – RNA – April 2024
Relevant Location:	East Lancashire
Panel members:	Palbinder Thandi (Chair, lay member) David Brown (Lay member) Siobhan Ebden (Registrant member)
Legal Assessor:	Ben Stephenson
Hearings Coordinator:	Samara Baboolal
Nursing and Midwifery Council:	Represented by Anna Rubbi, Case Presenter
Ms Sinhalage:	Present and unrepresented
Interim order to be reviewed:	Interim conditions of practice order (18 months)
Outcome of review:	Interim conditions of practice order varied

Decision and reasons on interim order

The panel decided to vary the current interim conditions of practice order.

The panel was of the view that the public would remain suitably protected by the variation of the following conditions:

For the purposes of these conditions, 'employment' and 'work' mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, 'course of study' and 'course' mean any course of educational study connected to nursing, midwifery or nursing associates.

1. You must only work for one substantive employer. If this is an agency or as a 'bank' nurse, this must be for a minimum period of 6-months in one clinical area.
2. You must ensure that you are supervised by a registered nurse any time you are working. This means working at all times while being directly observed by a registered nurse, until you are assessed as competent by a registered nurse at Band 6 or above, in the following five areas:
 - Communication (to include written, verbal, and listening skills).
 - Medication administration and management.
 - Record keeping.
 - Patient assessment.
 - Clinical decision making.
3. You must meet with your line manager or supervisor on a fortnightly basis to discuss your performance in the following areas:

- Communication (to include written, verbal, and listening skills).
 - Medication administration and management.
 - Record keeping.
 - Patient assessment.
 - Clinical decision making.
4. You must send a report from your line manager or supervisor to your case officer before any future NMC hearing. This report must comment on your performance in the following areas:
- Communication (to include written, verbal, and listening skills).
 - Medication administration and management.
 - Record keeping.
 - Patient assessment.
 - Clinical decision making.
5. You must keep the NMC informed about anywhere you are working by:
- a) Telling your case officer within seven days of accepting or leaving any employment.
 - b) Giving your case officer your employer's contact details.
6. You must keep the NMC informed about anywhere you are studying by:
- a) Telling your case officer within seven days of accepting any course of study.
 - b) Giving your case officer the name and contact details of the organisation offering that course of study.
7. You must immediately give a copy of these conditions to:
- a) Any organisation or person you work for.

- b) Any employers you apply to for work (at the time of application).
 - c) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
8. You must tell your case officer, within seven days of your becoming aware of:
- a) Any clinical incident you are involved in.
 - b) Any investigation started against you.
 - c) Any disciplinary proceedings taken against you.
9. You must allow your case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:
- a) Any current or future employer.
 - b) Any educational establishment.

Unless your case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, you or the NMC may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review, the reviewing panel may revoke the interim order or any condition of it, it may confirm the interim conditions of practice order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

In certain circumstances, it may be possible for the interim conditions of practice order to be reviewed by a reviewing panel at an administrative meeting. Your case officer will write to you about this in due course.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against you. The NMC will write to you when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to you in writing.

That concludes this determination.