

**Nursing and Midwifery Council
Investigating Committee**

**Interim Order Review Hearing
Friday, 23 January 2026**

Virtual Hearing

Name of Registrant:	Kay Mitchell
NMC PIN:	10H1722E
Part(s) of the register:	Registered Nurse - Mental Health Nursing (20 September 2010)
Relevant Location:	Yorkshire
Panel members:	Judith Ebbrell (Chair, Registrant member) Arijana Kilic (Registrant member) Caroline Browne (Lay member)
Legal Assessor:	Natalie Amey-Smith
Hearings Coordinator:	Eyram Anka
Nursing and Midwifery Council:	Represented by Samprada Mukhia, Case Presenter
Mrs Mitchell:	Not present and unrepresented
Interim order to be reviewed:	Interim suspension order (18 months)
Outcome of review:	Interim suspension order confirmed

Decision and reasons on interim order

The panel decided to confirm the current interim suspension order.

Unless Mrs Mitchell's case has already been concluded or there has been a material change of circumstances, a panel will review the interim suspension order at a review meeting within the next six months and every six months thereafter. A panel will be invited by the NMC to confirm the interim suspension order at this meeting and Mrs Mitchell will be notified of the panel's decision in writing following that meeting.

Where there has been a material change of circumstances that might mean that the order should be revoked or replaced, or there has been a request for an early review, a panel will review the interim order at a hearing which Mrs Mitchell will be invited to attend in person, send a representative on Mrs Mitchell's behalf or submit written representations for the panel to consider. At any such review hearing the panel may revoke the interim order, it may confirm the interim suspension order or it may replace it with an interim conditions of practice order.

This will be confirmed to Mrs Mitchell in writing.

That concludes this determination.