

**Nursing and Midwifery Council
Investigating Committee**

**Interim Order Review Meeting
Monday, 23 February 2026**

Virtual Meeting

Name of Registrant:	Lauren Sarah Armstrong
NMC PIN:	12F0166E
Part(s) of the register:	Registered nurse – sub part 1 Adult nursing (level 1) – 9 October 2012
Relevant Location:	North Cumbria
Panel members:	Angela Williams (Chair, Lay member) Elaine Bowden (Registrant member) Danielle Sherman (Lay member)
Hearings Coordinator:	Emma Hotston
Interim order to be reviewed:	Interim suspension order (18 months)
Outcome of review:	Interim suspension order confirmed

Decision and reasons on interim order

The panel decided to confirm the current interim suspension order.

Unless Miss Armstrong's case has already been concluded or there has been a material change of circumstances, a panel will review the interim suspension order at a review meeting within the next six months and every six months thereafter. A panel will be invited by the Nursing and Midwifery Council (NMC) to confirm the interim suspension order at this meeting and Miss Armstrong will be notified of the panel's decision in writing following that meeting.

Where there has been a material change of circumstances that might mean that the order should be revoked or replaced, or there has been a request for an early review, a panel will review the interim order at a hearing which Miss Armstrong will be invited to attend in person, send a representative on Miss Armstrong behalf or submit written representations for the panel to consider. At any such review hearing the panel may revoke the interim order, it may confirm the interim suspension order or it may replace it with an interim conditions of practice order.

This will be confirmed to Miss Armstrong in writing.

That concludes this determination.