

**Nursing and Midwifery Council
Investigating Committee**

**Interim Order Review Hearing
Friday, 7 August 2026**

Virtual Hearing

Name of Registrant:	Esther Sekyejwe
NMC PIN:	17E0765E
Part(s) of the register:	Registered Nurse Mental Health – RNMH – October 2017
Relevant Location:	Hertfordshire
Panel members:	Renee Aleong (Chair, lay member) Sally Glen (Registrant member) Sarah McAnulty (Lay member)
Legal Assessor:	Nigel Mitchell
Hearings Coordinator:	Catherine Blake
Nursing and Midwifery Council:	Represented by Richard Webb, Case Presenter
Ms Sekyejwe:	Present and not represented at the hearing
Interim order to be reviewed:	Interim conditions of practice order (18 months)
Outcome of review:	Interim conditions of practice order varied

Decision and reasons on interim order

The panel decided to vary the current interim conditions of practice order.

The panel has determined that the following conditions are proportionate and appropriate:

‘For the purposes of these conditions, ‘employment’ and ‘work’ mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, ‘course of study’ and ‘course’ mean any course of educational study connected to nursing, midwifery or nursing associates.

1. You must limit your nursing practice to one substantive employer which could be an agency or bank. Any placement through the agency or bank must be for a minimum of three months in the same setting.
2. You must not be the nurse in charge of any shift.
3. You must ensure that you are supervised by another registered nurse any time you are working. Your supervision must consist of working at all times on the same shift as, but not always directly observed by another registered nurse.
4. You must meet with your line manager, supervisor or nominated mentor fortnightly to have reflective discussions in relation to your professional conduct. These discussions must have specific reference to the importance of providing appropriate care to vulnerable patients including:
 - maintaining professional boundaries
 - conflicts of interest
 - confidentiality
 - safeguarding
5. You must send the NMC a report from your line manager, supervisor or nominated mentor commenting on your professional conduct with specific reference to the

points detailed in condition 4 above. This report must be sent to your NMC case officer before any review hearing or meeting.

6. You must keep the NMC informed about anywhere you are working by:
 - a) Telling your case officer within seven days of accepting or leaving any employment.
 - b) Giving your case officer your employer's contact details.
7. You must keep the NMC informed about anywhere you are studying by:
 - a) Telling your case officer within seven days of accepting any course of study.
 - b) Giving your case officer the name and contact details of the organisation offering that course of study.
8. You must immediately give a copy of these conditions to:
 - a) Any organisation or person you work for.
 - b) Any agency you apply to or are registered with for work.
 - c) Any employers you apply to for work (at the time of application).
 - d) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
9. You must tell your case officer, within seven days of your becoming aware of:
 - a) Any clinical incident you are involved in.
 - b) Any investigation started against you.
 - c) Any disciplinary proceedings taken against you.

10. You must allow your case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:
- a) Any current or future employer.
 - b) Any educational establishment.
 - c) Any other person(s) involved in your retraining and/or supervision required by these conditions

The panel decided to confirm this varied interim conditions of practice order and it will run for the remainder of the current interim order.

Unless your case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, you or the Nursing and Midwifery Council (NMC) may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review a panel may revoke the interim order or any condition of it, it may confirm the interim order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against you. The NMC will write to you when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to you in writing.

That concludes this determination.