

**Nursing and Midwifery Council  
Investigating Committee**

**Interim Order Review Meeting  
Monday, 24 August 2026**

Virtual Meeting

|                                      |                                                                                                              |
|--------------------------------------|--------------------------------------------------------------------------------------------------------------|
| <b>Name of Registrant:</b>           | Arun Mathew                                                                                                  |
| <b>NMC PIN:</b>                      | 19E0347O                                                                                                     |
| <b>Part(s) of the register:</b>      | Registered nurse – sub part 1<br>Adult nursing (level 1) – 15 May 2019                                       |
| <b>Relevant Location:</b>            | Norfolk                                                                                                      |
| <b>Panel members:</b>                | Judith Ebbrell (Chair, registrant member)<br>Cherry Brennan (Registrant member)<br>Louise Jones (Lay member) |
| <b>Hearings Coordinator:</b>         | Catherine Blake                                                                                              |
| <b>Interim order to be reviewed:</b> | Interim suspension order (18 months)                                                                         |
| <b>Outcome of review:</b>            | <b>Interim suspension order confirmed</b>                                                                    |

## **Decision and reasons on interim order**

The panel decided to confirm the current interim suspension order.

Unless Mr Mathew's case has already been concluded or there has been a material change of circumstances, a panel will review the interim suspension order at a review meeting within the next six months and every six months thereafter. A panel will be invited by the Nursing and Midwifery Council (NMC) to confirm the interim suspension order at this meeting and Mr Mathew will be notified of the panel's decision in writing following that meeting.

Where there has been a material change of circumstances that might mean that the order should be revoked or replaced, or there has been a request for an early review, a panel will review the interim order at a hearing which Mr Mathew will be invited to attend in person, send a representative on Mr Mathew's behalf or submit written representations for the panel to consider. At any such review hearing the panel may revoke the interim order, it may confirm the interim suspension order or it may replace it with an interim conditions of practice order.

This will be confirmed to Mr Mathew in writing.

That concludes this determination.