

**Nursing and Midwifery Council
Investigating Committee**

**Interim Order Review Hearing
Monday 24 August 2026**

Virtual Hearing

Name of Registrant:	Shinta Kuriakose
NMC PIN	23J0581O
Part(s) of the register:	Registered Nurse Adult – RNA – October 2023
Relevant Location:	Newcastle
Panel members:	Palbinder Thandi (Chair, lay member) Nicola Harvey (Registrant member) Hazel Wilford (Lay member)
Legal Assessor:	Ian Ashford-Thom
Hearings Coordinator:	Shela Begum
Nursing and Midwifery Council:	Represented by Safeena Rashid, Case Presenter
Mrs Kuriakose:	Not present and unrepresented at the hearing
Interim order to be reviewed:	Interim conditions of practice order (18 months)
Outcome of review:	Interim conditions of practice order confirmed

Decision and reasons on interim order

The panel decided to confirm the current interim conditions of practice order.

The panel was of the view that the public would remain suitably protected by the continuation of the following conditions:

'For the purposes of these conditions, 'employment' and 'work' mean any paid or unpaid post in a nursing, midwifery, or nursing associate role. Also, 'course of study' and 'course' mean any course of educational study connected to nursing, midwifery, or nursing associates.'

1. You must restrict your nursing practice to a single employer. If this is an agency you should only accept a single placement of at least three months duration.
2. You must not be the nurse in charge of any shift.
3. You must ensure that you are supervised by another registered nurse any time you are working. Your supervision must consist of:
 - Working at all times on the same shift as, but not always directly observed by another registered nurse.
 - Monthly meetings with your supervisor to discuss your clinical practice, record keeping and documentation.
4. Prior to any review hearing, you must send to your NMC case officer, a report from your line manager, supervisor, or mentor, commenting on your compliance with this order, clinical practice, record keeping and documentation.
5. You must keep the NMC informed about anywhere you are working by:

- a) Telling your case officer within seven days of accepting or leaving any employment.
 - b) Giving your case officer your employer's contact details.
- 6. You must keep the NMC informed about anywhere you are studying by:
 - a) Telling your case officer within seven days of accepting any course of study.
 - b) Giving your case officer the name and contact details of the organisation offering that course of study.
- 7. You must immediately give a copy of these conditions to:
 - a) Any organisation or person you work for.
 - b) Any agency you apply to or are registered with for work.
 - c) Any employers you apply to for work (at the time of application).
 - d) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
- 8. You must tell your NMC case officer, within seven days of your becoming aware of:
 - a) Any clinical incident you are involved in.
 - b) Any investigation started against you.
 - c) Any disciplinary proceedings taken against you.
- 9. You must allow your NMC case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:
 - a) Any current or future employer.

- b) Any educational establishment.
- c) Any other person(s) involved in your retraining and/or supervision required by these conditions.

The panel decided to confirm this interim conditions of practice order and it will run for the remainder of the current interim order.

Unless Mrs Kuriakose's case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, Mrs Kuriakose or the NMC may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review, the reviewing panel may revoke the interim order or any condition of it, it may confirm the interim conditions of practice order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

In certain circumstances, it may be possible for the interim conditions of practice order to be reviewed by a reviewing panel at an administrative meeting. Mrs Kuriakose's case officer will write to her about this in due course.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against Mrs Kuriakose. The NMC will write to Mrs Kuriakose when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to Mrs Kuriakose in writing.

That concludes this determination.