

**Nursing and Midwifery Council
Fitness to Practise Committee**

**Interim Order Review Meeting
Friday, 17 April 2026**

Virtual Meeting

Name of Registrant: Miss Zara Nicholson

NMC PIN: 13J0105E

Part(s) of the register: Registered nurse – sub part 1
Mental health nursing (level 1) – 22 February
2014

Relevant Location: Greater Manchester

Panel members: Robert Pragnell (Chair, lay member)
Bridget Cooper (Registrant member)
Paul Barton (Lay member)

Hearings Coordinator: Andrew Ormsby

Interim order to be reviewed: Interim suspension order (18 months)

Outcome of review: Interim suspension order confirmed

Decision and reasons on interim order

The panel decided to confirm the current interim suspension order

Unless there has been a material change of circumstances, a panel will review the interim suspension order at an administrative meeting within the next six months. The reviewing panel will be invited by the NMC to confirm the order at this meeting and Miss Nicholson will be notified of that panel's decision in writing following that meeting.

Alternatively, Miss Nicholson is entitled to have the interim suspension order reviewed at a hearing. This means that Miss Nicholson will be able to attend and make representations, send a representative on her behalf or submit written representations about whether the order continues to be necessary. Miss Nicholson must inform her case officer if she would like the interim suspension order to be reviewed at a hearing.

Even if Miss Nicholson does not request a hearing, where there has been a material change of circumstances that might mean that the order should be revoked or replaced, a panel will review the order at a hearing to which Miss Nicholson and her representative will be invited to attend.

This decision will be confirmed to Miss Nicholson in writing.

That concludes this determination.