

**Nursing and Midwifery Council
Investigating Committee**

**New Interim Order Hearing
Thursday, 16 April 2026**

Virtual Hearing

Name of Registrant: Adelina Borisova

NMC PIN: 08L0015C

Part(s) of the register: Registered Nurse - Adult RN1 – December 2008

Relevant Location: East Sussex

Panel members: Kiran Gill (Chair, Lay member)
Judith Shevlin (Registrant member)
Eleanor Harding (Lay member)

Legal Assessor: Ben Stephenson

Hearings Coordinator: Elizabeth Fagbo

Nursing and Midwifery Council: Represented by Yusuf Segovia, Case Presenter

Mrs Borisova: Present and unrepresented

Interim order directed: **Interim conditions of practice order (18 months)**

Decision and reasons on interim order

The panel decided to make an interim conditions of practice order for a period of 18 months.

As such it has determined that the following conditions are proportionate and appropriate:

For the purposes of these conditions, 'employment' and 'work' mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, 'course of study' and 'course' mean any course of educational study connected to nursing, midwifery or nursing associates.

1. You must limit your nursing practice to working for one substantive employer which must not be an agency.
2. You must not be the Nurse in Charge of any shift.
3. You must not be the sole nurse on duty on any shift.
4. You must have monthly meetings with your line manager to discuss your conduct within the workplace.
5. You must obtain a report from your line manager containing details of your conduct in the workplace.

You must send this report to your NMC case officer prior to the next review hearing or meeting.

6. You must keep the NMC informed about anywhere you are working by:

- a) Telling your case officer within seven days of accepting or leaving any employment.
 - b) Giving your case officer your employer's contact details.
7. You must keep the NMC informed about anywhere you are studying by:
- a) Telling your case officer within seven days of accepting any course of study.
 - b) Giving your case officer the name and contact details of the organisation offering that course of study.
8. You must immediately give a copy of these conditions to:
- a) Any organisation or person you work for.
 - b) Any employers you apply to for work (at the time of application).
 - c) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
9. You must tell your NMC case officer, within seven days of your becoming aware of:
- a) Any clinical incident you are involved in.
 - b) Any investigation started against you.
 - c) Any disciplinary proceedings taken against you.
10. You must allow your NMC case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:

- a) Any current or future employer.
- b) Any educational establishment.
- c) Any other person(s) involved in your retraining and/or supervision required by these conditions

Unless your case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, you or the NMC may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review the reviewing panel may revoke the interim order or any condition of it, it may confirm the interim order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against you. The NMC will write to you when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to you in writing.

That concludes this determination.