

**Nursing and Midwifery Council
Investigating Committee**

**Interim Order Review Meeting
Monday, 22 September 2025**

Virtual Meeting

Name of Registrant:	Remya Arakkattu Varghese
NMC PIN	22H1252O
Part(s) of the register:	Registered Nurse – Adult Nursing RNA – (15 August 2022)
Relevant Location:	Basildon
Panel members:	Palbinder Thandi (Chair, Lay member) Jane Hughes (Registrant member) Howard Millington (Lay member)
Hearings Coordinator:	Nicola Nicolaou
Interim order to be reviewed:	Interim suspension order (18 months)
Outcome of review:	Interim suspension order confirmed

Decision and reasons on interim order

The panel decided to confirm the current interim suspension order.

Unless there has been a material change of circumstances, a panel will review the interim suspension order at an administrative meeting within the next six months. The reviewing panel will be invited by the Nursing and Midwifery Council (NMC) to confirm the order at this meeting and Ms Varghese will be notified of that panel's decision in writing following that meeting.

Alternatively, Ms Varghese is entitled to have the interim suspension order reviewed at a hearing. This means that Ms Varghese will be able to attend and make representations, send a representative on her behalf or submit written representations about whether the order continues to be necessary. Ms Varghese must inform her case officer if she would like the interim suspension order to be reviewed at a hearing.

Even if Ms Varghese does not request a hearing, where there has been a material change of circumstances that might mean that the order should be revoked or replaced, a panel will review the order at a hearing to which Ms Varghese and her representative will be invited to attend.

This decision will be confirmed to Ms Varghese in writing.

That concludes this determination.