

**Nursing and Midwifery Council  
Fitness to Practise Committee**

**Interim Order Review Hearing  
Monday 27 October 2025**

Virtual Hearing

<b>Name of Registrant:</b>	<b>Helen Oluyemisi Balogun</b>
<b>NMC PIN:</b>	08L0310E
<b>Part(s) of the register:</b>	Registered Nurse – Mental Health
<b>Relevant Location:</b>	London
<b>Panel members:</b>	Oluremi Alabi (Chair, Lay member) Sharon Haggerty (Registrant member) Dino Rovaretti (Lay member)
<b>Legal Assessor:</b>	Hala Helmi
<b>Hearings Coordinator:</b>	Sara Glen
<b>Nursing and Midwifery Council:</b>	Represented by Omar Soliman, Case Presenter
<b>Mrs Balogun:</b>	Not present and not represented at this hearing
<b>Interim order to be reviewed:</b>	Interim conditions of practice order (18 months)
<b>Outcome of review:</b>	<b>Interim conditions of practice order varied</b>

## Decision and reasons on interim order

The panel decided to vary the current interim conditions of practice order.

The panel has determined that the following conditions are proportionate and appropriate:

*'For the purposes of these conditions, 'employment' and 'work' mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, 'course of study' and 'course' mean any course of educational study connected to nursing, midwifery or nursing associates.'*

1. You must undertake Equality, Diversity and Inclusion (EDI) training in line with your employer's mandatory training policy requirements. Upon seven days of completion of such training, details of the training should be provided to your NMC case officer.
2. You must limit your nursing practice to one substantive employer. If you are working through an agency, any placement must be for a minimum period of 3 months.
3. You must not work in any managerial, supervisory or mentoring capacity.
4. You must ensure that you are supervised at all times on the same shift as, but not always directly observed by another registered nurse.
5. You must meet with your line manager, supervisor or mentor on a monthly basis to discuss your performance and progress in relation to:
  - Language and behaviour in the workplace;
  - Cultural awareness and sensitivity; and
  - Equality, diversity and inclusion.

6. Prior to any review, you must provide your NMC case officer with a report from your line manager, supervisor or mentor commenting on your performance and progress in relation to:

- Language and behaviour in the workplace;
- Cultural awareness and sensitivity; and
- Equality, diversity and inclusion.

7. You must keep the NMC informed about anywhere you are working by:

- a) Telling your case officer within seven days of accepting or leaving any employment.
- b) Giving your case officer your employer's contact details.

8. You must keep the NMC informed about anywhere you are studying by:

- a) Telling your case officer within seven days of accepting any course of study.
- b) Giving your case officer the name and contact details of the organisation offering that course of study.

9. You must immediately give a copy of these conditions to:

- a) Any organisation or person you work for.
- b) Any agency you apply to or are registered with for work.
- c) Any employers you apply to for work (at the time of application).
- d) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.

10. You must tell your case officer, within seven days of your becoming aware of:

- a) Any clinical incident you are involved in.

- b) Any investigation started against you.
- c) Any disciplinary proceedings taken against you.

11. You must allow your case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:

- a) Any agency you work for.
- b) Any current or future employer.
- c) Any educational establishment.
- d) Any other person(s) involved in your retraining and/or supervision required by these conditions.'

Unless Mrs Balogun's case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter. Additionally, Mrs Balogun or the Nursing and Midwifery Council (NMC) may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review a panel may revoke the interim order or any condition of it, it may confirm the interim order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

A panel of the Fitness to Practise Committee has still to deal with the allegations made against Mrs Balogun. The NMC will keep Mrs Balogun informed of developments in relation to that issue.

This will be confirmed to Mrs Balogun in writing.

That concludes this determination.