

**Nursing and Midwifery Council
Fitness to Practise Committee**

**Interim Order Review Hearing
Thursday, 27 November 2025**

Virtual Hearing

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| Name of Registrant: | Shona Ovenstone |
| NMC PIN: | 04I0651S |
| Part(s) of the register: | Nurses part of the register Sub part 1 RNA: Adult nurse, level 1 (18 September 2006) |
| Relevant Location: | Fife |
| Panel members: | Rachel Carter (Chair, registrant member) Louise Emmett (Registrant member) Alison Abu (Lay member) |
| Legal Assessor: | Juliet Gibbon |
| Hearings Coordinator: | Catherine Blake |
| Nursing and Midwifery Council: | Represented by Selena Jones, Case Presenter |
| Mrs Ovenstone: | Not present and not represented at the hearing |
| Interim order to be reviewed: | Interim conditions of practice order (18 months) |
| Outcome of review: | Interim conditions of practice order confirmed |

Decision and reasons on interim order

The panel decided to confirm the current interim conditions of practice order

The panel has determined that the following conditions are proportionate and appropriate:

For the purposes of these conditions, 'employment' and 'work' mean any paid or unpaid post in a nursing, midwifery or nursing associate role. Also, 'course of study' and 'course' mean any course of educational study connected to nursing, midwifery or nursing associates.

1. You must ensure that you are supervised by a registered nurse any time you are working. Your supervision must consist of working at all times on the same shift as, but not always directly observed by a registered nurse.
2. You must not administer any medications unless directly supervised by another registered nurse until:
 - a) you are deemed competent to do so by another registered nurse.
 - b) You have sent a copy of your written competency assessment to your case office at the NMC.
3. You must meet with your line manager, mentor, or supervisor fortnightly to discuss:
 - a) medication management and administration;
 - b) record keeping.
4. Prior to any review you must provide a report from your line manager, supervisor or mentor commenting on:
 - a) medication management and administration;
 - b) record keeping.
5. You must keep the NMC informed about anywhere you are working by:

- a) Telling your case officer within seven days of accepting or leaving any employment.
 - b) Giving your case officer your employer's contact details.
- 6. You must keep the NMC informed about anywhere you are studying by:
 - a) Telling your case officer within seven days of accepting any course of study.
 - b) Giving your case officer the name and contact details of the organisation offering that course of study.
- 7. You must immediately give a copy of these conditions to:
 - a) Any organisation or person you work for.
 - b) Any employers you apply to for work (at the time of application).
 - c) Any establishment you apply to (at the time of application), or with which you are already enrolled, for a course of study.
- 8. You must tell your case officer, within seven days of your becoming aware of:
 - a) Any clinical incident you are involved in.
 - b) Any investigation started against you.
 - c) Any disciplinary proceedings taken against you.
- 9. You must allow your case officer to share, as necessary, details about your performance, your compliance with and / or progress under these conditions with:
 - a) Any current or future employer.
 - b) Any educational establishment.
 - c) Any other person(s) involved in your retraining and/or supervision required by these conditions

Unless Mrs Ovenstone's case has already been concluded, this interim order must be reviewed before the end of the next six months and every six months thereafter.

Additionally, Mrs Ovenstone or the Nursing and Midwifery Council (NMC) may ask for the interim order to be reviewed if any new evidence becomes available that may be relevant to the interim order.

At any review a panel may revoke the interim order or any condition of it, it may confirm the interim order, or vary any condition of it, or it may replace the interim conditions of practice order with an interim suspension order.

A panel of the Fitness to Practise Committee has still to deal with the allegations made against Mrs Ovenstone. The NMC will keep Mrs Ovenstone informed of developments in relation to that issue.

This will be confirmed to Mrs Ovenstone in writing.

That concludes this determination.