

**Nursing and Midwifery Council  
Investigating Committee**

**New Interim Order Hearing  
Monday, 21 September 2020**

**Virtual Hearing**

**Name of registrant:** Helen Elizabeth Sinclair

**NMC PIN:** 84I1048E

**Part(s) of the register:** Registered Nurse  
Mental Health Nursing – November 2000

**Area of registered address:** England

**Panel members:** Eileen Carr (Chair, Lay member)  
Alister Campbell (Registrant member)  
Petra Leseberg (Lay member)

**Legal Assessor:** Andrew Reid

**Panel Secretary:** Philip Austin

**Nursing and Midwifery Council:** Represented by Scott Smith, Case Presenter

**Miss Sinclair:** Present and represented by Thomas Buxton,  
instructed by the Royal College of Nursing

**Interim order directed:** Interim suspension order (18 months)

## **Decision and reasons on interim order**

The panel decided to make an interim suspension order for a period of 18 months.

Unless your case has already been concluded or there has been a material change of circumstances, a panel will review the interim suspension order at a review meeting within the next six months and every six months thereafter. The reviewing panel will be invited by the NMC to confirm the interim suspension order at this meeting and you will be notified of the panel's decision in writing following that meeting.

Where there has been a material change of circumstances that might mean that the order should be revoked or replaced, or there has been a request for an early review, a panel will review the interim order at a hearing which you will be invited to attend in person, send a representative on your behalf or submit written representations for the panel to consider. At any such review hearing the reviewing panel may revoke the interim order, it may confirm the interim suspension order or it may replace it with an interim conditions of practice order.

The NMC Case Examiners are yet to decide whether there is a case to answer in relation to the allegations made against you. The NMC will write to you when the case is ready for the next stage of the fitness to practise process.

This will be confirmed to you in writing.

That concludes this determination.