

Fitness to practise reflective account form

You don't have to complete this form, but you may find it helpful as a template to reflect on the concerns raised about your fitness to practise, and/or the specific events which led to a referral being made.

We may need to share any information you give us about the concerns with patients and people affected by the incident that's given rise to the concern. Details of when we'll do this are found within our information handling guidance. We won't share any parts of your response of a personal or confidential nature that you think we should be aware of but that a patient or family member doesn't need to know about (such as information about your health).

Name

Case reference

Describe the incident(s) or event(s) which led to your fitness to practise being referred.

What's your understanding of the specific concerns that have been raised about you?

Thoughts and feelings

What did you think and feel at the time? How do you think other people (patients, staff or visitors) were affected? How does that make you feel now?

Evaluation and analysis

Why do you think this incident happened? Can you identify any factors that may have influenced your practice at the time?

Conclusions

Could you have done anything differently? Is there any other learning you have identified?

Actions

What would you do in a similar situation in the future? Have you done anything to change or improve your practice?

How is this relevant to the Code?

Select one or more themes: Prioritise people, Practise effectively, Preserve safety, Promote professionalism and trust.

Personal reflections: is there anything else related to your personal circumstances that you think we should know, relevant to the concerns being raised?

We won't share information which is personal or confidential in nature, such as health information. For more details about this please refer to our information handling guidance. If there is anything of this nature which you'd like to expand on you can do so here.