

Disposal details

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Undertakings Agreed
28/01/2026

Decision on Undertakings

Whilst you were working as a nurse during 2024 you demonstrated poor record keeping, prescribing and patient care. This conduct does not meet with the standards expected of nurses and could undermine public confidence in the profession. The Code: professional standards for nurses, midwives and nursing associates (NMC, 2015, updated 2023) sets out the relevant standards of practice and behaviour in the following paragraphs:

1, 1.2, 6, 6.2, 8, 8.2, 8.6, 10, 10.1, 10.2, 10.3, 18, 18.1, 20, 20.1

1 Treat people as individuals and uphold their dignity

1.2 make sure you deliver the fundamentals of care effectively

6 Always practise in line with the best available evidence

6.2 maintain the knowledge and skills you need for safe and effective practice

8 Work co-operatively

8.2 maintain effective communication with colleagues

8.6 share information to identify and reduce risk

10 Keep clear and accurate records relevant to your practice

10.1 complete records at the time or as soon as possible after an event, recording if the notes are written some time after the event

10.2 identify any risks or problems that have arisen and the steps taken to deal with them, so that colleagues who use the records have all the information they need

10.3 complete records accurately and without any falsification taking immediate and appropriate action if you become aware that someone has not kept to these requirements

18 Advise on, prescribe, supply, dispense or administer medicines within the limits of your training and competence, the law, our guidance and other relevant policies, guidance and regulations

18.1 prescribe, advise on, or provide medicines or treatment, including repeat prescriptions (only if you are suitably qualified) if you have enough knowledge of that person's health and are satisfied that the medicines or treatment serve that person's needs

20 Uphold the reputation of your profession at all times

20.1 keep to and uphold the standards set out in the Code

Undertaking	Detail	Time to Complete
Undertaking1	You will limit your nursing practice to a single substantive employer or if working for an agency, this must be a placement in one setting for no less than three months. If you are working for an an agency, you must ensure that you disclose these undertakings immediately, not only to the agency but to the setting employer.	12 months from effective start date
Undertaking2	<p>You will undertake and successfully complete four supervised competency assessments involving:</p> <ul style="list-style-type: none"> i. adequately documenting patient assessments, the rationale for clinical decisions made, discussions with patients, and treatment plans ii. reviewing patients' medical histories prior to prescribing iii. reviewing the appropriate guidelines prior to prescribing iv. undertaking required checks or examinations prior to prescribing v. prescribing medications at the correct dosage and according to BNF guidelines vi. advising patients on the risks and benefits associated with prescribed medication vii. arranging follow-up appointments or monitoring in circumstances where this would be recommended <p>Each assessment must be undertaken on a separate shift and you must be assessed by a nurse prescriber. You will send the NMC case officer details of the competency assessments once all have been completed.</p>	12 months from effective start date
Undertaking3	Once formally assessed as competent, you must be indirectly supervised by another registered nurse, this means working at the same shift but not directly supervised by another registered nurse.	12 months from effective start date
Undertaking4	<p>You will work with your line manager, supervisor or dedicated mentor to create a personal development plan (PDP). Your PDP will address:</p> <ul style="list-style-type: none"> - prescribing - in relation to the areas of competence listed at 3i - 3vii - assessing patients - record keeping - practising within your scope of practice 	12 months from effective start date
Undertaking5	<p>You must meet with your line manager, mentor or supervisor on a monthly basis to review the following areas:</p> <ul style="list-style-type: none"> -prescribing -assessing patients -record keeping -practising within your scope of practice 	12 months from effective start date
Undertaking6	<p>You will</p> <ul style="list-style-type: none"> - send your case officer a copy of your PDP within one month of these undertakings becoming effective - send your case officer a report from your line manager, supervisor or dedicated mentor every second month following the commencement of the PDP. This report will show your progress towards achieving the aims set out in your PDP 	12 months from effective start date
Undertaking7	Following completion of your PDP, your line manager, workplace supervisor or dedicated mentor will create a final report detailing your compliance with these undertakings and your nursing practice generally	12 months from effective start date

Undertaking8	<p>You will immediately give a copy of these undertakings to:</p> <ul style="list-style-type: none"> a. any organisation or person you work for b. any employers you apply to for work (at the time of the application) c. any establishment you apply to (at the time of the application), or with which you are already enrolled for a course of study 	12 months from effective start date
Undertaking9	<p>You will keep the NMC informed about where you are working by:</p> <ul style="list-style-type: none"> a. telling your case officer within seven days of accepting or leaving any employment b. giving your case officer your employer's contact details 	12 months from effective start date
Undertaking10	<p>You will keep the NMC informed about anywhere you are studying by:</p> <ul style="list-style-type: none"> a. telling your case officer within seven days of accepting and resuming any course of study b. giving your case office the name and contact details of the organisation offering that course of study 	12 months from effective start date
Undertaking11	<p>You will tell your case officer, within seven days of you becoming aware of:</p> <ul style="list-style-type: none"> a. any clinical incident you are involved in b. any investigation started against you c. any disciplinary investigation started against you 	12 months from effective start date
Undertaking12	<p>You will allow your case officer to share and obtain, as necessary, details about your performance, your compliance with and progress towards completing these undertakings with/ from:</p> <ul style="list-style-type: none"> a. any current or future employer b. any educational establishment with which you are registered c. any other person(s) involved in your retraining and / or supervision required by these undertakings 	12 months from effective start date