## **GET READY FOR**

# REVALIDATION



Sign up to NMC Online at www.nmc.org.uk/nmc-online



Find out your renewal date



Read the guidance and supporting resources on our website at www.nmc.org.uk/revalidation

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www.nmc.org.uk

The nursing and midwifery regulator for England, Wales, Scotland and Northern Ireland

Registered charity in England and Wales (1091434) and in Scotland (SC038362)





## What is revalidation?

Every three years, when renewing your registration with the NMC, you'll need to show you're living by the Code's standards of practice and behaviour. This process is called revalidation . It is about promoting good practice across the whole population of nurses, midwives and nursing associates. Revalidation is not an assessment of your fitness to practise.

## Why was revalidation introduced?

Revalidation was introduced for a number of reasons, but primarily because it will lead to improved practice and public protection benefits. Revalidation will:

- raise awareness of the Code and professional standards expected of nurses, midwives and nursing associates
- · allow you to reflect on the role of the Code in your practice
- encourage you to stay up to date in your professional practice
- encourage a culture of sharing, reflection and improvement
- encourage you to engage in professional networks and discussions about your practice and
- strengthen public confidence in the nursing and midwifery professions.

## When will I revalidate?

Your revalidation application deadline is the first day of the month that your registration expires. For example, if your registration expires on 30 June 2020, your revalidation application, and fee, are due by 1 June 2020.

When you're due to revalidate, you'll submit your application online, confirming you've met the revalidation requirements. You'll be notified 60 days before your application is due.

## How do I revalidate?

To revalidate you'll need to have met the following requirements over the three years since you last renewed your registration or joined the register:



#### **Practice hours**

450 practice hours (900 hours if you have dual registration).





35 hours of continuing professional development (CPD), including 20 hours of participatory learning. This must be relevant to your scope of practice as a nurse, midwife or nursing associate.



#### Practice-related feedback

Five pieces of practice-related feedback.



#### Written reflective accounts

Five written reflective accounts on what you learnt from your CPD, practice-related feedback or an event or experience in your practice, explaining how this is relevant to the Code.



#### **Reflective discussion**

A discussion about these reflective accounts with another NMC-registered nurse, midwife or nursing associate.



#### Health and character

A health and character declaration, including declaring any cautions, convictions, conditional discharges and police charges or determinations



## Professional indemnity arrangement

A declaration that you have, or will have when practising, appropriate cover under an indemnity arrangement.



#### Confirmation

Demonstration to an appropriate person that you have met the revalidation requirements.

You can keep all your evidence in a portfolio. This doesn't need to be electronic.